

## Help in the Home Series

A First Link® Learning Series

### Dates and Time:

Wed., March 20 & Wed., March 27, 2024  
10:00 to 11:30 am

### Location:

Peterborough  
(exact location provided upon registration)

This series, offered over two sessions, is designed to help care partners understand the impact that the progression of dementia can have, and how to create a plan of support that involves helpful services and resources.

- **Impact of Progression:**

The progression of dementia; addressing risk, stress & increasing care needs

- **Creating a Plan for Support:**

Assessing needs; Identifying who can help & the services that are available;  
Developing a support plan

### Who Should Attend:

Care partners who are just beginning to support a person living with dementia and who have not yet accessed services or have only accessed minimal services. Care Partners who are interested in learning more about how to support a person living in the community.

**This series is offered FREE of charge, but spaces are limited.  
Registration is required for this program.**

### Interested to know if this series is a good fit for your learning?

Please contact your Client Support Coordinator, or if you are connecting with the Alzheimer Society for the first time, contact our Intake Coordinator at (705) 748-5131 or 1-800-561-2588, ext. 235.