

Taking Care of You: Self Care for the Caregiver

Speaker: Denise Verreault
Director of Education,
Alzheimer Society of Niagara Region



Wednesday, March 28th, 2018

10:00am - 12:00pm

Pfizer Room

Alzheimer Society of Niagara Region
#1 - 403 Ontario St., St. Catharines

REGISTER TODAY!

905-687-3914

RSVP by Mar. 23/18



**SCENT
FREE
ZONE**

Scent Free Zone: Please do not wear perfume,
cologne, aftershave, or any other fragrances.