Resources Available about Dementia/Alzheimer's disease

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Books

- **100 Simple Things You Can Do to Prevent Alzheimer's and Age-Related Memory Loss**, Jean Carper, 2012
- **A Caregiver's Guide for Alzheimer and Related Diseases**, Judith McCann-Beranger, 2004
  A Loving Voice: A Caregiver's Book of Read-Aloud Stories for the Elderly, Carolyn Banks, 1992
- **Alzheimer's Disease**, Bill McAuliffe, 2012
- **Alzheimer's Disease: A Guide for Families**, Lenore S. Powell, 1993
- **Alzheimer's Disease: Questions and Answers**, Paul S. Aisen, 1997
- **Amazing Grace: Enjoying Alzheimer's**, Ray Smith, 2004
- **Brain Longevity: The Breakthrough Medical Program That Improves Your Mind and Memory**, Dharma Singh Khalsa, & Cameron Stauth, 1997
- **Decoding Darkness: The Search for the Genetic Causes of Alzheimer's Disease**, Rudolph E. Tanzi & Ann B. Parson, 2000
- **Dying at Home: A Family Guide for Caregiving**, Andrea Sankar, 1995
- **Erased from Memory**, Diana O'Hehir, 2006
- **Failure-Free Activities for the Alzheimer`s Patient: A Guidebook for Caregivers**, Carmel Sheridan, 1987
- **Gentlecare: Changing the Experience of Alzheimer's Disease in a Positive Way**, Moyra Jones, 1999
- **Grandpa's Music: A Story About Alzheimer's**, Alison Acheson, 2009
- **Great-Uncle Alfred Forgets**, Ben Shecter, 1996
- **Guidance and Support in Caring for the Elderly**, Ann Rhodes, 1989
- **Healthy Aging: A Lifelong Guide to Your Physical and Spiritual Well Being**, Andrew Weil, 2006
- **Helping Your Aging Parents: A Practical Guide for Adult Children**, James Halpern, 1987
- **Home Care for the Elderly: A Complete Guide**, Jay Portnow, 1987
- **Home from Here: Reflections on Grief, Memory, and Home**, Mary Friesen, 2007
- **Let's Talk About When Someone You Love Has Alzheimer's Disease**, Elizabeth Weitzman, 1996

- **Our Turn to Parent: Shared Experiences and Practical Advice on Caring for Aging Parents in Canada**, Barbara Dunn & Linda Scott, 2009
- **Parenting Your Parents: Support Strategies for Meeting the Challenge of Aging in the Family**, Bart J. Mindszenthy & Michael Gordon
- **Passages in Caregiving: Turning Chaos into Confidence**, Gail Sheehy, 2010
- **Psychological Disorders: Alzheimer's Disease and Other Dementias**, Sonja M. Lillrank, 2007
- **Still Alice: A Novel**, Lisa Genova, 2009
- **Still My Grandma**, Veronique van den Abeele, 2007
- **TailSpin**, Catherine Coulter, 2008
- **The 36 Hour Day: A Family Guide to Caring for People with Alzheimer Disease, Other Dementias, and Memory Loss in Later Life**, Nancy L. Mace & Peter V. Rabins, 2006
- **The Caregiver's Guide: Helping Elderly Relatives Cope with Health and Safety Problems**, Caroline Rob, 1991
- **The Comfort of Home for Alzheimer's Disease: A Guide for Caregivers**, Maria M. Meyer, 2008
- **The Forgetting: Alzheimer's: Portrait of an Epidemic**, David Shenk, 2001
- **The Little Word Catcher**, Danielle Simard, 2008
- **The Long Goodbye**, Patti Davis, 2004
- **The Loss of Self: A Family Resource for the Care of Alzheimer's Disease and Related Disorders**, Donna Cohen, 1986
- **The Memory Cure: How to Protect Your Brain Against Memory Loss and Alzheimer's Disease**, Majid Fotuhi, 2003
- **The Mystery of Alzheimer`s: A Guide for Carers**, Elizabeth Forsythe, 1996
- **The Myth of Alzheimer's: What You Aren't Being Told About Today's Most Dreaded Diagnosis**, Peter J. Whitehouse & Daniel George, 2008
- **What's Happening to Grandpa?**, Maria Shriver, 2004
- **What to Do When the Doctor Says It's Early-Stage Alzheimer's: All the Medical, Lifestyle, and Alternative Medicine Information You Need to Stay Healthy and Prevent Progression**, Todd E. Feinberg, 2005
- **What Your Doctor May Not Tell You About Alzheimer's Disease: The Complete Guide to Preventing, Treating, and Coping with Memory Loss**, Gayatri Devi & Deborah Mitchell, 2004

Audiobooks

- **Alzheimer: A Journey Together**, Federica Caracciolo, 2006
- **Healthy Aging: A Lifelong Guide to Your Physical and Spiritual Well Being**, Andrew Weil, 2006
- **The House on Beartown Road: A Memoir of Learning and Forgetting**, Elizabeth Cohen Van Pelt, 2003

Ebooks

- **Alzheimer's: A Caregiver's Guide and Sourcebook**, Howard Gruetzner, 2001
- **Alzheimer's Disease and Other Dementias**, Sonja M. Lillrank, 2008
- **Alzheimer's Disease: Prevention, Intervention, and Treatment**, Elwood Cohen, 1999
- **Alzheimer's Disease: The Dignity Within: A Handbook for Caregivers, Family, and Friends**, Patricia R. Callone, 2006
- **Developmental Influences on Adult Intelligence: The Seattle Longitudinal Study**, K. Warner Schaie, 2005

- **Dignifying Dementia: A Caregiver's Struggle**, Elizabeth Tierney, 2011
- **Parenting Your Parents: Support Strategies for Meeting the Challenge of Aging in the Family**, Bart J. Mindszenthy & Michael Gordon
- **Seasons of Sun & Rain**, Marjorie Dorner, 1999
- **Talking Over the Years: A Handbook of Dynamic Psychotherapy with Older Adults**, Sandra Evans, 2004
- **The Alzheimer's Sourcebook for Caregivers: A Practical Guide for Getting Through the Day**, Frena Gray Davidson, 1999
- **The Caregiver's Survival Handbook: Caring for Your Aging Parents Without Losing Yourself**, Alexis Abramson, 2011
- **The Complete Canadian Eldercare Guide: Expert Solutions to Help You Make the Best Decisions for Your Loved Ones**, Caroline Tapp-McDougall, 2004
- **The Complete Guide to Alzheimer's-Proofing Your Home**, Mark L. Warner, 1998
- **The Inflammation Cure: How to Combat the Hidden Factor Behind Heart Disease, Arthritis, Asthma, Diabetes, Alzheimer's Disease, Osteoporosis, and Other Diseases of Aging**, William Joel Meggs & Carol Svec, 2004
- **The Safe Living Guide: A Guide to Home Safety for Seniors**, Health Canada Division of Aging and Seniors, 1997
- **The Official Patient's Sourcebook on Alzheimer's Disease**, James N. Parker & Philip M. Parker, 2003
- **Understanding New, Resurgent, and Resistant Diseases: How Man and Globalization Create and Spread Illness**, Kurt Link, 2007

Electronic Resources

- **Communication and Aging**, Jon F. Nussbaum, 2000
- **Lifespan Development of Human Memory**, Peter Graf, 2002
- **The Cambridge Handbook of Age and Ageing**, Malcolm Lewis Johnson, 2005
- **The Caregiving Dilemma: Work in an American Nursing Home**, Nancy Foner, 1995
- **The Reluctant Caregivers: Learning to Care for a Loved One with Alzheimer's**, Anne B. Hendershott