

Alzheimer Society

PETERBOROUGH, KAWARTHA LAKES, NORTHUMBERLAND & HALIBURTON



You are invited to attend an informative presentation on...

Living Well with MCI

This presentation will help persons who have been diagnosed with Mild Cognitive Impairment (MCI) and their families to identify and better understand “What is MCI?” and the “Impact of MCI”. Participants will learn memory strategies and how to keep their brain healthy to reduce risk.

Choose from the following dates / locations

- **Peterborough:** Thursday June 14th – 10:00 am to 12:00 pm
Canterbury Gardens Training Room 1414 Sherbrooke Street Peterborough
- **Lindsay:** Tuesday June 26th – 9:30 am to 11:30 pm
HKPR Health Unit Training Room 108 Angeline St S Lindsay
- **Haliburton:** Tuesday June 26th - 2:00 pm to 4:00 pm
Haliburton Family Health Centre 7217 Gelert Road Haliburton
- **Trent Hills:** Thursday September 20th 10:00 am to 12:00 pm
Campbellford Hospital Conference Room 146 Oliver Road Campbellford
- **Peterborough:** Monday October 1st - 10:00 am to 12:00 pm
Canterbury Gardens Training Room 1414 Sherbrooke Street Peterborough
- **Lindsay:** Monday October 15th - 9:30 am to 11:30 pm
HKPR Health Unit Training Room 108 Angeline St S Lindsay
- **Haliburton:** Monday October 19th – 10:00 am to 12:00 pm
Haliburton Family Health Centre 7217 Gelert Road Haliburton
- **Cobourg:** Thursday November 1st – 1:30 pm to 3:30 pm
Cobourg Public Library Community Room 200 Ontario Street Cobourg

For more information and to REGISTER please call Carolyn at 705-878-0126 or 1-800-561-2588 ext 126 as seating may be limited.

This event is free of charge. Light refreshments will be served