

Société Alzheimer Society

DISTRICT DE TIMMINS - PORCUPINE
TIMMINS - PORCUPINE DISTRICT

2018-2019 ANNUAL REPORT

Presented at the Annual General Meeting – June 12th, 2019



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www.alzheimer.ca/timmins

Charitable Registration Number: 11878 5062 RR0001

Executive Summary

The Alzheimer Society Timmins Porcupine District Inc. was founded by a group of family caregivers in 1988 under the leadership of Monica Bevil. It is a Non-Profit Corporation and registered charity governed by a Board of Directors who are elected at the Annual General Meeting held once a year.

The Society is operated and managed by a team of 6 full time and 1-part time staff who are responsible for the design and implementation of family support, including behavioral specific, as well as education services in both official languages.

The Society receives funding from the Ministry of Health distributed through our regional Local Health Integrated Network, or LHIN, community donations, fund development and memorials.

The Alzheimer Society Timmins Porcupine District Inc. supports research every year through the Alzheimer Society of Ontario.

The Alzheimer Society Timmins Porcupine District Inc., through its Federation with the Provincial and National Associations, maintains an active role in supporting the growth and development of the Alzheimer movement.

Mission Statement

‘To develop and deliver support services and education, promote research and advocate for everyone affected by Alzheimer’s and related dementias in our Districts.

We will accomplish this mission by:

- Promoting the rights and wellbeing of the person with Alzheimer’s disease.
- Supporting the delivery of local support for the individuals affected by the disease and their caregivers.
- Providing information, education and training.
- Raising funds for research.
- Promoting changes in government legislation, policies, programs and procedures when required.

Vision Statement

To be a community with compassion and understanding for those living with and caring for someone with Alzheimer’s disease or a related dementia.

Our Values

RESPECT: We will uphold respect for the dignity of persons living with Alzheimer’s disease and other dementias.

INTEGRITY: We will demonstrate honesty, reliability, confidentiality and quality service with each client and interaction

COMPASSION: We will maintain empathy and understanding for all persons living with Alzheimer’s disease and related dementias.

LEARNING: We will support and encourage learning and educational opportunities and continue to enhance and share our knowledge of Alzheimer’s disease and related dementias.

PARTNERSHIP: We will promote collaboration within and outside of our agency to ensure we are meeting the needs of the people we serve.

ACCOUNTABILITY: We will be accountable to our clients, members, funding organizations and donors. Resources entrusted to us will be used to support our mandate.

SUPPORT: We will assist persons living with Alzheimer’s disease and related dementias and all activity to this end will focus on the importance of person centered care and education.

<u>Directors</u>	<u>Staff</u>
<p><i>Deborah Cooper- Chair</i> <i>Len Ellery-Vice Chair</i> <i>Carole Jurenovskis</i> <i>- Secretary/Treasurer</i> <i>Guyline Mallette-Robichaud</i> <i>Connie Yu</i></p>	<p><i>Tracy Koskamp-Bergeron- Director of Operations and Services</i> <i>Suzanne Hachez- Timmins First Link Care Navigator</i> <i>Sarah Reid/Rae Ann Kennedy- Behaviour Support Facilitator</i> <i>Jennifer Cornell- Education and Awareness Coordinator</i> <i>Irene Chitaroni- Temiskaming Public Education Coordinator</i> <i>Dallas Hartwick- Temiskaming First Link Care Navigator</i> <i>Tina Pelchat- North Cochrane First Link Care Navigator</i> <i>Nadia Govorova- Bookkeeper</i></p>

Dementia is not a specific disease. It's an overall term that describes a wide range of symptoms associated with a decline in memory or other thinking skills severe enough to reduce a person's ability to perform everyday activities.

<p><i>Société Alzheimer Society</i></p> <p>Dementia is growing exponentially across Ontario. In order for persons with Alzheimer's disease or other dementias and their carers to live well and thrive in their communities, they need to be linked to a community of education, support and quality services. Alzheimer Societies provide these services across Ontario!</p> <p>We are asking for increased program funding to offer equitable access to education and support services across Ontario. This will allow us to achieve our goals of promoting early diagnosis, facilitating respite, educating and connecting people to community services as soon as possible.</p>	<p><i>Société Alzheimer Society</i></p> <p>Les maladies cognitives connaissent une croissance exponentielle en Ontario. Afin de permettre aux personnes atteintes de la maladie d'Alzheimer ou d'une autre maladie cognitive et aux aidants de bien vivre et de pouvoir s'épanouir dans leur collectivité, ils doivent avoir accès à des services d'éducation et de soutien de qualité. Les Sociétés Alzheimer offrent ces services dans tout l'Ontario.</p> <p>En plus de vos dollars pour la recherche, nous sollicitons une augmentation du financement de nos programmes afin d'offrir un accès équitable à nos services d'éducation et de soutien partout en Ontario. Cela nous permettra d'atteindre nos objectifs qui consistent à promouvoir le diagnostic précoce, faciliter l'accès aux services de répit, sensibiliser le public et diriger les personnes touchées vers les services communautaires appropriés le plus tôt possible.</p>
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One in ten Ontario seniors has dementia, that's approximately 220,000 of the province's older adults. Based on projections using the Canadian Study of Health and Aging (1994) data, as of 2016, there are an estimated 564,000 Canadians living with dementia. By 2031, this number is expected to rise to 937,000, an increase of 66 per cent. Of the current number of Canadians with dementia, more than 72 per cent are women. (ASO, 2016)

Statistics for our region (North East Ontario) are also alarming with a projected increase of 52% (from 11363 to 17269) over the same time period.

Caregiving is a critical issue for people living with dementia and for Canadians in general.

- One in five Canadians aged 45 and older provides some form of care to seniors living with long-term health problems.
- A quarter of all family caregivers are seniors themselves; a third of them (more than 200,000) are older than 75. (ASO,2012)

The physical and psychological toll on family caregivers is considerable; up to 75 per cent will develop psychological illnesses; 15 to 32 per cent experience depression. (ASO, 2012).¹ The needs of people with dementia, as well as their caregivers, are becoming increasingly complex. With our aging society, there is an increase in chronic health conditions that become exacerbated in the presence of dementia. Lack of funding and a shortage of long-term care beds increase challenges facing our clients and underscore the need for support.

¹ Alzheimer Society of Ontario; www.alzheimer.ca/en/on/About-dementia/Dementias/What-is-dementia/Facts-about-dementia

The Alzheimer Society Timmins -Porcupine Inc. works to ensure individuals in our area have access to support, education and resources on the subject of Alzheimer's disease and other dementias. We are working alongside the Alzheimer Society of Canada and Ontario to support a National Dementia Strategy for Canada ensuring the needs of clients are recognized and provision of support is available. This year we were able to relocate to the lower level of the 101 Mall. This move has increased our accessibility and visibility; resulting in more drop in visits and inquiries for information and support. Being collocated with many likeminded service providers has allowed the Society to see an increase in referrals, support and partnerships.

Our '*Making Memories Social Drop In*' group was started in September and while began with a slow start, has grown to see over 8 people attending to meet and connect on a monthly basis. In March, we expanded the group to a second location at Cadence Retirement Residence in Cochrane.

In order to maintain quality consistent services we supplement the funding received from the Local Health Integrated Network (LHIN) with fundraising activities. In our 2018-19 fiscal year, we continued with our annual Duck Race campaign. We completed our fourth National Walk for Alzheimer's in conjunction with over 100 other locations in Canada; our sixth Mud Factor event was a success-with over 220 participants! We also held the fifth Ride for Memories motorcycle event with the best turn out since inception! Catch the Ace was a new fund raiser started at the end of the previous fiscal year- it has grown in popularity with the weekly draw benefiting someone in our community each week- in addition to raising some much needed revenue! Round one- saw Don Janveau take home the jackpot worth over \$5000! Round two is currently underway-and the jackpot is growing weekly!

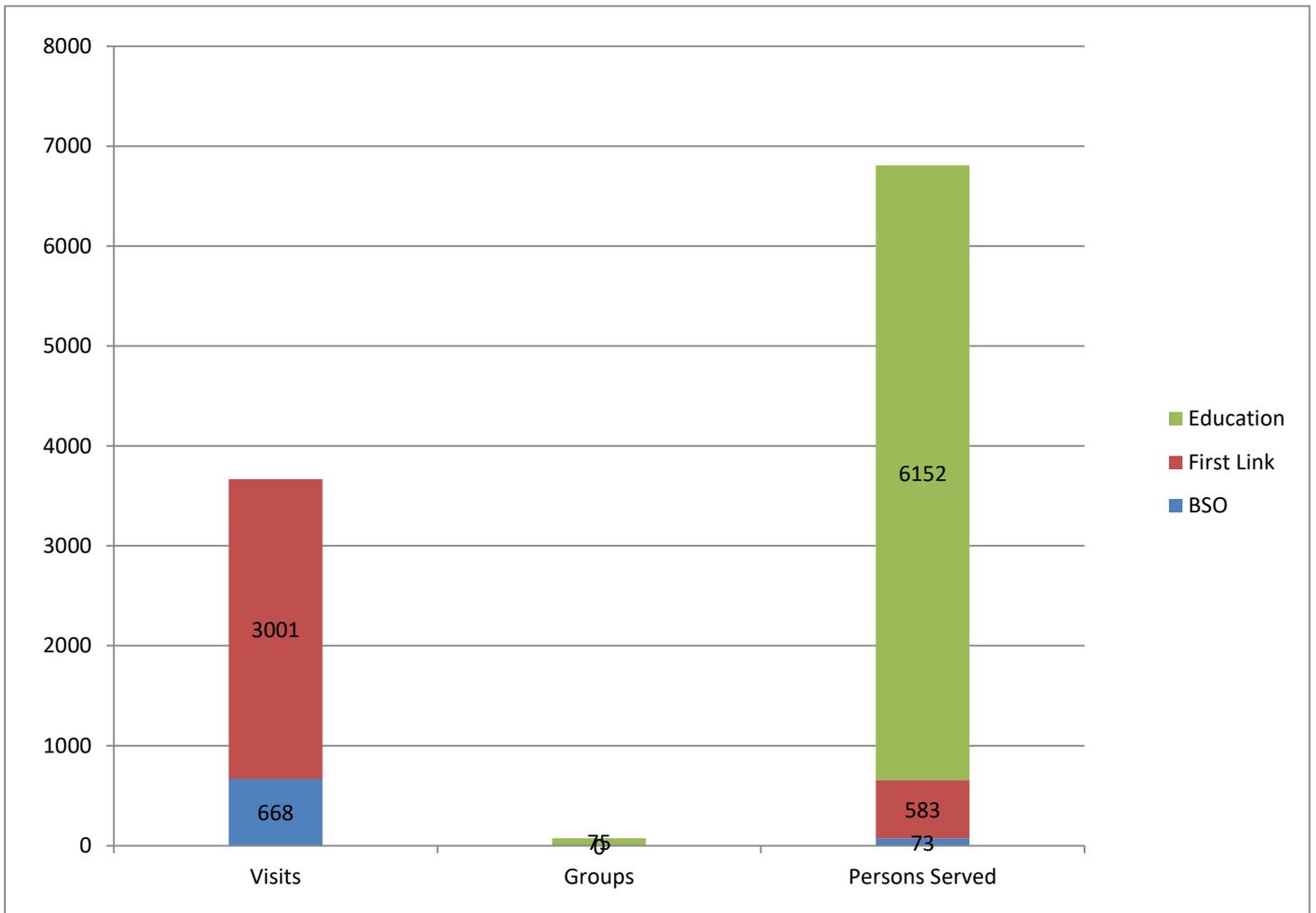
We were also the recipient of \$10000 from the United Way! These dollars supported out First Link program and ensured we were able to reach our clients- near and far!

What an amazing year- we raised over \$135000 through our events!

We continue to enhance relationships with community partners including other non-profit organizations, family health teams, memory clinics and other services. This allows us to work together for the common goal of addressing clients' needs and identifying how to better serve them. We have worked to increase our reach on Social Media and through our E-Newsletter campaigns and have as a result dramatically increased reach in the community. Social media (Facebook) is a favorite media for all things 'Alzheimer Society' related and have grown our page to have 719 followers and growing!

We have had a successful year are looking forward to the upcoming year!

Included below is the statistical information as reported to the Alzheimer Society of Ontario-ASO.



3669 Visits-in person
or on the phone

6808
Individuals served

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Take a look at some pictures of our events
this past year!



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2018 Ride for Memories



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TIMMINS-PORCUPINE DISTRICT



Can You Handle It? MUD FACTOR

June 2nd, 2018

Porcupine Ski
Runners
Schumacher, ON
9 AM to 3 PM



Register a team of up to 13 participants and hit the 5KM obstacle course!

Registration is \$60.00— sign up on EVENTBRITE.CA

Funds help support the Alzheimer Society programs and services in our community.

Also on site, food, health fair, face painting and music.

For more information call
(705) 268-4554 or email awareness@alzheimerstimmings.com.
Find us on Facebook and Eventbrite and sign up online!
Pick up pledge forms by dropping by the office at
70 Cedar Street South, Timmins, ON.

**93.1
Loose FM**
Timmins' Biggest Variety!

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Duck Race

\$5 Each
Or 5 for \$20



2500 tickets available!
1st place—\$1500
2nd place—\$700
3rd place—\$300

The ducks drop at the
Great Canadian Kayak Challenge & Festival
Sunday August 26, 2018
Approx. 4:00 PM

For more information call (705) 261-0154
or email awarner@alzheimerstimm.com

DUCK RACE RAFFLE

Lottery License #: M790370



\$5.00

First Prize: \$ 1500.00

or

Second Prize: \$ 700.00

Third Prize: \$ 300.00

5 for \$20!

ONLY 2500 tickets Available!

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August 26, 2018 Approx. 4:00 pm

Strategic Direction 2019-2020

Community Support for all Dementia Needs

- Increase community awareness of supports and services offered by ASTP
- Increase services and supports through proactive planning and pursuit of new funding opportunities
- More community outreach
- Educate public using Website, Fact sheets, e-newsletters, presentations, social media
- Educate specific groups and community partners (eg. Pharmacists, FHT, Retirement homes, schools)
- Ensure a balance between education and support activities

Strengthen Community Profile

- Increase knowledge about the differentiating Provincial research vs. local front-line services
- Increase public profile by promoting our accomplishments
- Increase community communication work plan-use statistics
- Increase testimonials via video and print
- Work towards a French Language Designation

Sustainable Fund Development

- Seek input/advice from fund development professionals
- Apply for available grants, utilize ASiO templates and expertise (OTF, Senior Secretariat)
- Build relationships to support planned giving
- Increase awareness of the 'cost' for services and reason fund raising events are necessary
- Sustain Northern Ontario Heritage Fund Grant positions
- Utilize Canada Summer Experience program to support program staff and decrease workload
- Apply for LHIN end of year funds for one-time expenses/upgrades and training

Strategic Partnerships Organizational Effectiveness

- Continue to pursue collaborative opportunities with other Societies ASiO, ASO and ASC
- Increase service capacity with use of groups and volunteers
- Work with local partners to identify gaps in service; then fill gaps where possible
- Balance service demands with staff/organization wellness
- Determine requirements of quality improvement plan
- Increase strength of Board