



MINDS IN MOTION® (North Shore)

-Contract Position-

ABOUT THE POSITION

Minds in Motion® is a fitness and social program for people experiencing early-stage memory loss. Participants must attend the program with a care partner or friend. Minds in Motion® is a program of the Alzheimer Society of BC. We are currently seeking a contractor to facilitate the weekly North Shore Minds in Motion program held at the Silver Harbour Centre and West Vancouver Seniors Activity Centre. **This is a continuous contract position to start ASAP with no fixed end date.**

RESPONSIBILITIES

- Plan and facilitate the weekly program.
- Monitor the participation and provide on-on-one assistance as needed during the fitness portion of the program conducted by a certified fitness instructor.
- Plan and prepare activities for the social activity component of the program, guided by the needs, abilities, and interests of the participants; facilitate the social interaction and involvement during the activities.
- Ensure set-up and clean-up of the program space.
- Be familiar with the Minds in Motion guidelines, including: procedures for welcoming new and returning participants, monitoring suitability and discussing with staff when clients no longer fit the program criteria.
- Provide information about the Society's programs and services for people living with dementia, their families and care partners.
- Work with the Community Services Manager and the Support & Education Coordinator, First Link to ensure the program complies with the requirements of the Alzheimer Society of B.C.
- Provide orientation, training, and supervision to volunteers.
- Collect regular attendance information, evaluative feedback and other related data to confirm participation and response to the program.

PLEASE NOTE: The successful candidate will be asked to provide proof of full COVID-19 vaccination and will also be required to obtain clearance through the BC government online criminal record check system.

TIME COMMITMENT

- Program runs 3.5 hours per week on Fridays; additional weekly prep and admin time is flexible.
 - Session #1 – 9:45am to 11:15am
 - Session #2 – 1pm to 3pm
- Additional planning/training time as agreed with Community Services Manager (max 4 hours per month).

QUALIFICATIONS/REQUIREMENTS

- Proven facilitation abilities and able to work independently.
- Knowledge of Alzheimer's disease and other forms of dementia.
- Strong organizational and time management skills.
- Volunteer management training/experience an asset.
- Excellent interpersonal and communication skills.
- Able to lift equipment used in the program (e.g. moving tables and chairs).
- Access to reliable transportation the Minds in Motion program is delivered in person within the Northshore Region.

COMPENSATION

- A service fee of \$100 per session facilitated
- Up to 5 hours of training and orientation time in the first month, billed at a rate of \$40 per hour.

Alzheimer Society

BRITISH COLUMBIA

There are approximately 85,000 British Columbians living with dementia, and this number is growing. For every person living with dementia, there are many more people affected, including family, friends, co-workers and other members of their communities. Our vision is of a world without Alzheimer's disease and other dementias and that world begins with a more dementia-friendly society, where people affected by dementia are acknowledged, supported and included. When you work for the Alzheimer Society of B.C., you help us realize that vision by connecting more British Columbians to the support and education they need at any point on their dementia journey. You help us challenge stigma and change the future for people affected by dementia. You help us show people affected by dementia that they're not alone.

Equity and diversity and inclusion are essential to societal change and healthy workplaces. An open and diverse community fosters the inclusion of voices that have historically been underrepresented or discouraged. We encourage applications from members of groups that have been marginalized on any grounds enumerated under the B.C. Human Rights Code, including sex, sexual orientation, gender identity or expression, racialization, disability, political belief, religion, marital or family status, age, and/or status as a First Nation, Metis, Inuit, or Indigenous person.

TO APPLY

If this sounds like you, we would love to hear from you.

Please forward your resume and a brief cover letter detailing how your qualifications match this position (as one attachment), with "North Shore MM Contract" as the subject line. Candidates are screened on an ongoing basis as applications come in – apply soon!

Human Resources
Alzheimer Society of B.C.
300 – 828 West 8th Ave
Vancouver, BC V5Z 1E2
humanresources@alzheimerbcc.org

This posting will remain open until the position is filled.

We sincerely thank all applicants for their interest in the Alzheimer Society of B.C. Due to the high number of applications we receive, only applicants who are selected for an interview will be contacted.

To find out more about the Society, our programs, and about First Link® and the Dementia Helpline, visit www.alzheimerbcc.org



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