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<b>Dementia Helpline Cards:</b> <i>essential tool to promote crucial support services for individuals living with dementia and their caregivers.</i>	
<b>First Link®</b> for people living with dementia and caregivers: <i>describes our programs and services, lists the locations for Alzheimer Society of B.C.'s regional offices.</i>	
<b>First Link®</b> for Health Care Providers: <i>describes how First Link can be of benefit to both health care professionals and their patients.</i>	
<b>10 Warning Signs:</b> <i>Know the warning signs of Alzheimer's disease</i>	
<b>Dispelling the Myths:</b> <i>Debunking the myths that have evolved around Alzheimer's disease</i>	
<b>Heads Up for Healthier Brains:</b> <i>What everyone should know about brain health &amp; Alzheimer's disease</i>	
<b>The Importance of Early Diagnosis:</b> <i>For Health Care Providers - Early diagnosis allows people with dementia and their families to receive timely information and support</i>	
<b>Reducing Caregiver Stress:</b> <i>Knowing and recognizing signs of stress in yourself or someone you care about is the first step towards taking positive action.</i>	
<b>Treatment Options:</b> <i>Recent research has improved our knowledge of Alzheimer's disease and new treatments for the disease may help to alleviate some of the symptoms.</i>	
<b>What is Alzheimer's Disease?</b> <i>Describes Alzheimer's disease and the symptoms of dementia</i>	
<b>What to Expect:</b> <i>No matter what stage of dementia you or a family member is experiencing, information is important to understanding and living with the disease.</i>	
<b>Downloadable Guides:</b>  <b>Long-Term Care Home Package: A Guide for Families</b> <a href="https://alzheimer.ca/en/help-information/im-caring-person-living-dementia/long-term-care">https://alzheimer.ca/en/help-information/im-caring-person-living-dementia/long-term-care</a>  <b>Disorientation and Getting Lost: A Guide for people living with dementia</b> <a href="https://alzheimer.ca/sites/default/files/files/bc/advocacy-and-education/wandering/disorientation-and-getting-lost-a-guide-for-people-living-with-dementia-interactive.pdf">https://alzheimer.ca/sites/default/files/files/bc/advocacy-and-education/wandering/disorientation-and-getting-lost-a-guide-for-people-living-with-dementia-interactive.pdf</a>  <b>Wandering and Dementia: A Guide for Caregivers</b> <a href="https://alzheimer.ca/sites/default/files/files/bc/advocacy-and-education/wandering/wandering-and-dementia-a-guide-for-caregivers-interactive.pdf">https://alzheimer.ca/sites/default/files/files/bc/advocacy-and-education/wandering/wandering-and-dementia-a-guide-for-caregivers-interactive.pdf</a>	
<b>Note:</b> Resources will be sent free of charge with a limit of 25 per item, unless otherwise noted. For more information and resources, please visit our website: <a href="http://www.alzheimerbc.org">http://www.alzheimerbc.org</a>	

Please send order to: Alzheimer Society B.C.  
 300-828 West 8<sup>th</sup> Avenue, Vancouver, B.C. V5Z 1E2  
 Email: [resources@alzheimerbc.org](mailto:resources@alzheimerbc.org)  
 Phone: 604-681-6530 Fax: 604-669-6907