



## U-First! for Care Partners

Registration  
is Free

U-First!® is an innovative education program for all members of the care team who are supporting people with behaviour changes due to dementia or other cognitive impairment. This includes health care providers in a direct care role and care partners (family and friends). The U-First!® Framework is a person-centred approach to looking at the whole person.

### U-First!® for Care Partners

is a 6 hour education program that will help you to build confidence and skills to:

- Enhance your well-being and that of the person you are supporting who is experiencing behaviour changes
- Reduce responsive behaviours by using the U-First!® framework
- Improve collaboration among all team members through a common knowledge, language and approach to care

### Date:

**Nov. 2<sup>nd</sup> 4:30pm-6:30pm**

**Nov. 9<sup>th</sup> 4:30pm-6:30pm**

**Nov. 16<sup>th</sup> 4:30pm-6:30pm**

### Location:

**Zoom Virtual Platform**

If you are interested in participating, please contact:

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