## Alzheimer Society

# **U-First!**

## **U-First! for Care Partners**

Registration is Free

U-First!<sup>®</sup> is an innovative education program for all members of the care team who are supporting people with behaviour changes due to dementia or other cognitive impairment. This includes health care providers in a direct care role and care partners (family and friends). The U-First!<sup>®</sup> Framework is a person-centred approach to looking at the whole person.

#### **U-First!**<sup>®</sup> for Care Partners

is a 6 hour education program that will help you to build confidence and skills to:

- Enhance your well-being and that of the person you are supporting who is experiencing behaviour changes
- Reduce responsive behaviours by using the U-First!<sup>®</sup> framework
- Improve collaboration among all team members through a common knowledge, language and approach to care

#### Date:

Sept. 14 <sup>th</sup>	1:30pm-4:30pm
Sept. 15 <sup>th</sup>	1:30pm-4:30pm

### Location: Zoom Virtual Platform

If you are interested in participating, please contact:

Tara Seney, Alzheimer Society of Chatham Kent, Public Education ManagerPhone: (519)-352-1043E-mail: tseney@alzheimerchathamkent.ca