

Soci t  Alzheimer Society

CHATHAM - KENT



First Link Learning Series®

First Steps

**For Family Members & Friends of
Individuals with Dementia**

Education will be on-line utilizing the Zoom Platform

Wednesday Afternoons

1:00pm-2:00pm

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|----------------------|------------------------------|
| May 3 rd | What is Dementia |
| May 10 th | Adapting to Brain Changes |
| May 17 th | Planning Ahead |
| May 24 th | Building a Circle of Support |

**To register or for more information email Tara Seney at
tseney@alzheimarchathamkent.ca**

