

# *Société Alzheimer Society*

CORNWALL AND DISTRICT  
CORNWALL ET RÉGION

## **Annual Report April 1, 2021 to March 31, 2022**

**The Alzheimer Society supports those living with Alzheimer's disease or other dementias and their families.**

### **Board of Directors for 2021-2022**

George Knezevic (President)

Anita Roach (Treasurer)

Adrian Bugelli (Vice President)

Linda Geisel (Secretary)

Suzie Pilon

Penelope Smith

Peter Sorby

Joanne Beda-Tansey

### **Past Presidents**

Lynn Lapensée

John Muir

Evelyn O'Neill

Del Roulston

Michael Cox

Michel Bourdeau

Monique McElheran

Don Depratto

George Knezevic

Nicole Giroux Laplante

Roy Yorke

The Society provides quality services in both official languages.

Our sincerest appreciation to everyone who assists us to provide supports.

Gifts of time, attendance at events, pledges, commemorative donations, third party sponsored events allow us to sustain our services.

Thank you!

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## **Our volunteers, donors and sponsors ~thank you all!**

You give your time, your expertise and your funds. These donations make it possible for us to enrich the services that we provide to families!

- Day program drivers, sponsors, entertainers and activity assistants
- Support group special speakers
- Board of Directors
- Fundraising volunteers, third party event organizers and event sponsors
- Walk for Alzheimer's supporters
- Dementia friends and dementia friendly communities

## **Our Dedicated Staff during F2021-22:**

- Administrative Assistant: Dayle Whitney
- First Link Family Support Workers and Memory Clinic: Jeanne Poirier, Christine Brunet, Megan Laroche, Lindsay Ferguson, Birgit Lueck, Kaylee Ferguson and Vicky Veilleux
- Campaign Coordinators: Danial Sabourin-Leduc
- Day Program Coordinator: Nicole Piché
- Day Program Assistants: Roxane Renaud, Tammy Benson, Bryce MacDonald, Kamryn Benson, Sylvie Labelle and Linda Dubeau
- Education Coordinator: Josée Desrochers-Leduc
- Bookkeeper: Catherine McPhee
- Executive Director: Caroline Guimond

*"Teamwork is the ability to work together toward a common vision. It is the fuel that allows common people to attain uncommon results."*

~Andrew Carnegie

*"To all who live with dementia, to family members and care partners, thank you for sharing your journey with us, and for permitting us to support you along the way. Information that you share on your successes and your challenges plays a vital role in our advocacy efforts to help others live well with dementia."*

~Shelley Vaillancourt

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## **Message from the President and Executive Director:**

Our mission is to alleviate the personal and social consequences of dementia. The Alzheimer Society does this through: individual support, support groups, first steps and next steps sessions, education, public awareness, day program services, recreation services like personalized musical ipods, mind in motion programs, advocacy and support of research to find a cure.

We are very proud of the dedicated staff and the work that we do to support individuals who live with dementia and their families.

## **Help for Today - Our Services:**

In the 2021-22 fiscal year, the Alzheimer Society of Cornwall & District was once again challenged with supporting our community during a global pandemic. Although met with persistently evolving barriers, the Society continued to meet its mandate and to provide support, education and respite to those living with dementia and their care partners.

We welcomed 210 new clients to our programs and provided over 6,300 phone and face-to-face visits to 1,199 individuals.

The Adult Day Program Team found innovative and creative ways to support their clients over the last year! Above and beyond the 1,862 units of services provided, the team offered over 360 virtual sessions to approx. 1,249 participants. The team also provided 218 in-person outdoor visits directly at the client's home to provide respite to the care partner and activation for the person with dementia. Approximately 84 activation kits, containing games, caregiver resources and treats, were distributed to our clients.

Over one hundred education sessions were offered to over 1,000 individuals. One hundred and twenty-six support group sessions were offered throughout the year with over 725 participants. 49% of our support groups and almost 40% of our education sessions were offered in French.

Our donations were also used to offer 34 Dementia Friendly Communities education sessions to 139 participants from local businesses.

We received a grant to promote the Finding Your Way™ learning modules. Finding Your Way materials were shared at 75 sessions (25 in French) and with 835 participants.

We attended 32 Memory Disorder Clinic sessions, where we provided services to 178 families.

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Over 380 referrals were made to external community and social services for clients in need of additional support.

We continue to advocate for those living with dementia through our work with the Champlain Dementia Network.

## **Hope for Tomorrow:**

The Alzheimer Society of Cornwall and District actively participates in the creation and implementation of the Ontario Health Teams in our catchment area. Ontario Health Teams are groups of providers and organizations that, at maturity, will be clinically and fiscally accountable for delivering a full and coordinated continuum of care to a defined population. With the prevalence of dementia doubling every 5 years for Canadians aged 65 and older, and with that population being frequent users of health services, and at risk of prolonged hospitalization and LTC admission, it's critical that the Alzheimer Society be part of health system planning to ensure positive outcomes for this population on a long-term basis.

We are driven by the reality that over 4,000 individuals in our community have some form of dementia. We need to continue to mobilize the voices of persons with dementia and their families to enable them to live well in our community.

A special thank you to our Board of directors for their leadership and commitment and to our staff for the support that they contribute to families.

**Respectfully,**

George Knezevic  
President

Caroline Guimond  
Executive Director