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| --- | --- | --- | --- | --- | --- | --- |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  | **1** |
| **2** | **3** | **4** | **5** | **6** | **7** | **8** |
| **9** | **10** | **11**Shavuot Begins | **12** | **13** | **14**Flag Day (US) | 15 |
| **16**Father’s Day |  **17** |  18 | **19**Juneteenth | **20**Summer Begins | **21** | **22** |
| **23** | **24** | **25** |  **26** | **27** | **28** | 29 |
| **30** |  |

  |  |  |  |  |  |  |
| **30 MINUTES OF FUN AND FITNESS OFFERED DAILY!** |  |
|  | **GOLF****ICE CREAM FACTS****REMINISCING** **ICE CREAM POT CRAFT****CATEGORIES** | **SANDBAGS****SUMMER FOOD/DRINK****REMINISCING****BEE CRAFT****FAMILY FEUD** | **CHAIR SOCCER****LET’S TALK DANCE****REMINISCING****DANCE CRAFT****BINGO** | **CHAIR SOCCER****LET’S TALK DANCE****REMINISCING** **DANCE CRAFT****BINGO** | **AXE THROWING****QUESTIONS TO MAKE YOU THINK****DISCUSSION****BOARDGAME****MIN TO WIN IT**  |  |
|  | **BOWLING****BBQ FACTS****REMINISCING****WATERMELON CRAFT****GAME OF 3’S** | **RING TOSS****MOON FACTS** **DISCUSSION****MOON CRAFT****BINGO** | **AXE THROWING****FISHING FACTS****REMINISCING** **FISH CRAFT****A-Z** | **AXE THROWING** **FISHING FACTS****REMINISCING** **FISH CRAFT****A-Z** | **LADDERBALL****VINYL FACTS****DISCUSSION****BUTTERFLY CRAFT****WORD IN A WORD** |  |
|  | **AXE THROWING****DAD FACTS****DAD QUOTES****TIE KEYRING CRAFT****BINGO** | **DARTS****ROSE FACTS****DISCUSSION****COLORING PAGE****CATEGORIES** | **BALLOON BADMINTON****JUNE FACTS****DISCUSSION****FLOWER CRAFT****MIN TO WIN IT**  | **BALLOON BADMINTON****JUNE FACTS****DISCUSSION****FLOWER CRAFT****MIN TO WIN IT** | **CHAIR SOCCER****INSTRUMENT FACTS****DISCUSSION / MUSIC****WINDCHIME****GAME OF 3’S** |  |
|  | **CHAIR SOCCER****MOON FACTS** **DISCUSSION****MOON CRAFT****MIN TO WIN IT** | **AXE THROWING****BICYCLE HISTORY****DISCUSSION****BICYCLE CRAFT****WORD IN A WORD** | **SANDBAGS****THIS & THAT / MAD LIBS****REMINISCING** **NO SEW CRAFT****GAME OF 3’S** | **SANDBAGS****THIS & THAT / MAD LIBS****REMINISCING** **NO SEW CRAFT****GAME OF 3’S** | **BOWLING****STAMP FACTS****DISCUSSION** **STAMP CRAFT****BINGO** |  |
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 **ALZHEIMER’S SOCIETY OF CORNWALL AND DISTRICT – ADULT DAY PROGRAM – 1-888-222-1445 OR 613-361-2391 (NICOLE)**