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| |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | |  | | | | | | **1** | | **2** | **3** | **4** | **5** | **6** | **7** | **8** | | **9** | **10** | **11** Shavuot Begins | **12** | **13** | **14** Flag Day (US) | 15 | | **16** Father’s Day | **17** | 18 | **19** Juneteenth | **20** Summer Begins | **21** | **22** | | **23** | **24** | **25** | **26** | **27** | **28** | 29 | | **30** |  | | | | | | |  |  |  |  |  |  |
| **30 MINUTES OF FUN AND FITNESS OFFERED DAILY!** | | | | | |  |
|  | **GOLF**  **ICE CREAM FACTS**  **REMINISCING**  **ICE CREAM POT CRAFT**  **CATEGORIES** | **SANDBAGS**  **SUMMER FOOD/DRINK**  **REMINISCING**  **BEE CRAFT**  **FAMILY FEUD** | **CHAIR SOCCER**  **LET’S TALK DANCE**  **REMINISCING**  **DANCE CRAFT**  **BINGO** | **CHAIR SOCCER**  **LET’S TALK DANCE**  **REMINISCING**  **DANCE CRAFT**  **BINGO** | **AXE THROWING**  **QUESTIONS TO MAKE YOU THINK**  **DISCUSSION**  **BOARDGAME**  **MIN TO WIN IT** |  |
|  | **BOWLING**  **BBQ FACTS**  **REMINISCING**  **WATERMELON CRAFT**  **GAME OF 3’S** | **RING TOSS**  **MOON FACTS**  **DISCUSSION**  **MOON CRAFT**  **BINGO** | **AXE THROWING**  **FISHING FACTS**  **REMINISCING**  **FISH CRAFT**  **A-Z** | **AXE THROWING**  **FISHING FACTS**  **REMINISCING**  **FISH CRAFT**  **A-Z** | **LADDERBALL**  **VINYL FACTS**  **DISCUSSION**  **BUTTERFLY CRAFT**  **WORD IN A WORD** |  |
|  | **AXE THROWING**  **DAD FACTS**  **DAD QUOTES**  **TIE KEYRING CRAFT**  **BINGO** | **DARTS**  **ROSE FACTS**  **DISCUSSION**  **COLORING PAGE**  **CATEGORIES** | **BALLOON BADMINTON**  **JUNE FACTS**  **DISCUSSION**  **FLOWER CRAFT**  **MIN TO WIN IT** | **BALLOON BADMINTON**  **JUNE FACTS**  **DISCUSSION**  **FLOWER CRAFT**  **MIN TO WIN IT** | **CHAIR SOCCER**  **INSTRUMENT FACTS**  **DISCUSSION / MUSIC**  **WINDCHIME**  **GAME OF 3’S** |  |
|  | **CHAIR SOCCER**  **MOON FACTS**  **DISCUSSION**  **MOON CRAFT**  **MIN TO WIN IT** | **AXE THROWING**  **BICYCLE HISTORY**  **DISCUSSION**  **BICYCLE CRAFT**  **WORD IN A WORD** | **SANDBAGS**  **THIS & THAT / MAD LIBS**  **REMINISCING**  **NO SEW CRAFT**  **GAME OF 3’S** | **SANDBAGS**  **THIS & THAT / MAD LIBS**  **REMINISCING**  **NO SEW CRAFT**  **GAME OF 3’S** | **BOWLING**  **STAMP FACTS**  **DISCUSSION**  **STAMP CRAFT**  **BINGO** |  |
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 **ALZHEIMER’S SOCIETY OF CORNWALL AND DISTRICT – ADULT DAY PROGRAM – 1-888-222-1445 OR 613-361-2391 (NICOLE)**