

Dementia Education Resources for Health Care Providers

Updated July 2018

Behavioural Education and Training Supports Inventory (BETSI)

[http://brainxchange.ca/Public/Resource-](http://brainxchange.ca/Public/Resource-Centre-Topics-A-to-Z/Education-and-training/Behavioural-Education-and-Training-Supports-Invent.aspx)

[Centre-Topics-A-to-Z/Education-and-training/Behavioural-Education-and-Training-Supports-Invent.aspx](http://brainxchange.ca/Public/Resource-Centre-Topics-A-to-Z/Education-and-training/Behavioural-Education-and-Training-Supports-Invent.aspx)

- An education/training decision making tool and program inventory for anyone interested in providing safe, quality patient-centered care for older adults with responsive behaviours
- Published by Behavioural Supports Ontario (BSO) to complement BSO Capacity Building Roadmap
- BETSI assists users to determine whether they need education, whether they are able to support practice change, what educational opportunities are available to them, the components necessary to ensure effective implementation, and how each program aligns with the BSO target population, core competencies, and service functions

BrainXchange (formerly Alzheimer Knowledge Exchange and Canadian Dementia Resource and Knowledge Exchange)

<http://brainxchange.ca>

A network of people dedicated to improving quality of life and supports for persons with or at risk of having brain-health needs related to dementia, mental health and neurological conditions related to aging or have experienced brain health changes earlier in life that are now more complex with aging. They focus on the national and provincial sharing of resources and knowledge through in-person and virtual exchange to support relationships among industry, researchers, clinicians, policy makers, people with lived experience, and care partners. Consider subscribing to their e newsletter to get updates about upcoming webinars and new resources.

BSO Website (Regional Central East)

<http://centraleast.BehaviouralSupportsOntario.ca>

This website provides information on behavioural support services such as: specialized long-term care behavioural support teams, geriatric mental health outreach teams, community support services, Alzheimer Society support and education, counseling, and a variety of other programs. This site supports the information needs of patients, families, and caregivers, as well as service providers and primary care practitioners.

Delirium, Dementia and Depression in Older Adults e-Learning course (new and updated 2016)

<http://elearning.rnao.ca>

- 8-module e-learning program based on and a complement to the RNAO Nursing Best Practice Guidelines *Caregiving Strategies for Older Adults with Delirium, Dementia and Depression* and *Screening for Delirium, Dementia, and Depression in Older Adults*
- 2016 update, Best Practice Guidelines and e-learning course have been updated
<http://rnao.ca/bpg/guidelines/assessment-and-care-older-adults-delirium-dementia-and-depression>

DementiAbility Methods: The Montessori Way, DementiAbility Enterprises Inc.

<http://www.dementiability.com/>

- This interactive 2-day program is based on the educational philosophies of Maria Montessori which were adapted to dementia programming by Dr. Cameron Camp. Research has provided clear evidence of increased levels of engagement and participation in activities when Montessori approaches are implemented with persons with dementia.
- Resources, online learning options and multiple workshops (including Validation Communication) are available through DementiAbility

For more information contact: Alzheimer Society of Durham Region, 905-576-2567 or 1-888-301-1106

Public Education program – Loretta Tanner (x5228) or Dawn Hannah (x5242)

Or **Psychogeriatric Resource Consultation Program** at Ontario Shores Centre for Mental Health Sciences, 905-668-5881 Ron Ranin (x6801), Christine Wimhurst (x6292)

F:\REGISTRATION Common File\EDUCATION for Professionals\Dementia Education and Training Opportunitiesmar2018

Gentle Persuasive Approaches in Dementia Care (GPA)

<http://www.ageinc.ca/GPA/basics.html>

- A comprehensive curriculum designed to assist staff of care organizations to learn compassionate and effective ways to help people with dementia when they are upset or frustrated
- a **7.5 hour day-long workshop** delivered by 2 trained local GPA coaches
- **GPA-Recharged**: an annual refresher for staff who already have their GPA certificate. Consists of a two hour interactive small group workshop
- Contact Loretta or your PRC for more information

Geriatric Certificate Program, McMaster University

<https://www.geriatriccp.ca>

- Participants enroll and take courses (e.g. PIECES, U-First, GPA, Montessori Methods for Dementia Care, Geriatric Assessment Training, etc.) leading to a geriatric certificate that is endorsed by the Division of Geriatric Medicine, McMaster University. Open to all disciplines.

Murray Alzheimer Research and Education Program (MAREP)/University of Waterloo

<https://uwaterloo.ca/murray-alzheimer-research-and-education-program/>

MAREP is an innovative program that adopts a partnership approach and integrates research and educational activities in an effort to improve dementia care practices in Canada. They offer a range of educational tools including:

The Dementia Care Education Series

Interactive education program in **CD-ROM** format; 10 modules developed with funding from Pfizer

- Overview of Dementia; Living with an Illness Causing Dementia/ Experience of Dementia; Care Models and Providing Quality Care; Communication and Interpersonal Skills; Responsive Behaviours in Dementia; Assessment in Gero-Psychiatry; Interventions for Persons with Dementia/Improving Quality of Life; Ethics of Dementia Care; Understanding the Family in the Dementia Context; Reducing Care Provider Stress and Burnout

Managing and Accommodating Responsive Behaviours in Dementia Care

- a **video vignette series** (available in both **DVD** and **CD-ROM**) which illustrates ten of the most intense behaviours experienced by staff working in long-term care homes and provides formal care providers with practical strategies and interventions for managing those behaviours
- produced by MAREP in partnership with PRC's of Central South Ontario

P.I.E.C.E.S.™ education programs

Register online at www.piecescanada.com

A best practice learning and development initiative that provides an approach to understanding and enhancing care for individuals with complex physical and cognitive/mental health needs and behavioural changes.

- **2-day LTC and Community Program**: for Regulated Health Professionals (e.g. RN, RPN, OT, SW, RT) working in LTC, retirement homes and/or community organizations who have responsibility for psychogeriatric assessments, case management, and/or providing care to persons with Alzheimer's disease and related dementias and that have an active role in the day-to-day assessment, planning, and delivery of direct care.
- **P.I.E.C.E.S.™ Leadership and Performance Improvement**: one day program targeted at: a) those in a position to supervise regulated and/or unregulated workers, but not involved in direct care and thus ineligible for the P.I.E.C.E.S.™ programs (e.g. DOC's), and others that are in a position to support the learners (e.g. NPs, Educators); b) Outreach and Specialty Teams; c) Physicians.
- 2 day Acute Care/Emergency Department and Retirement Home programs also available

Seniors Health Knowledge Network

<http://www.shrtn.on.ca/>

For more information contact: Alzheimer Society of Durham Region, 905-576-2567 or 1-888-301-1106

Public Education program – Loretta Tanner (x5228) or Dawn Hannah (x5242)

Or **Psychogeriatric Resource Consultation Program** at Ontario Shores Centre for Mental Health Sciences, 905-668-5881 Ron Ranin (x6801), Christine Wimhurst (x6292)

F:\REGISTRATION Common File\EDUCATION for Professionals\Dementia Education and Training Opportunitiesmar2018

- This network of networks links people, resources and ideas together to benefit the health of the aging population. Their mission is to make a positive impact on seniors' health by encouraging advancements in research, education, practice and policies.
- Supports a variety of communities of practice (CoP) such as aging and developmental disabilities, diabetes, mental health and oral health. A CoP is a group of people who come together to exchange information on a topic related to seniors' health, health system, or disease. This can take the form of interactive education programs, awareness initiatives, and networks, among other things.

U-First!

Register online at <http://u-first.ca/>

- This 6-hour workshop will train care providers in U-First!, a proven and effective approach to working with clients with dementia.
- Through dialogue and a case based approach, learners will have more confidence in working with people with responsive behaviours.
- Now offering regular workshops in Durham Region, please contact Loretta or Dawn
- Registration fee \$75; must register online.

Workplace Violence Prevention

Public Services Health and Safety Association

<http://www.pshsa.ca/training/workplace-violence-prevention-programs-preventing-client-aggression-through-gentle-persuasive-approaches/>

Web tutorial <http://www.pshsa.ca/training/elearning/understanding-the-gentle-persuasive-approach/>

- **Preventing Client Aggression through Gentle Persuasive Approaches (GPA)**© This program was designed to complement existing resident care strategies and systems. It integrates the MoHLTC Resident Care Standards, the College of Nurses of Ontario standards and practice guidelines, and Ontario health and safety legislation. It is ideal for the program lead and the multidisciplinary committee responsible for preventing client aggression. Staff who have received P.I.E.C.E.S and U-First! training may also benefit.
- Educational DVD *Workplace Violence Prevention in Health and Community Care* revised in 2010; available for purchase. <http://www.pshsa.ca/products/workplace-violence-prevention-in-health-and-community-care/>

Distance Education Certificates

Dementia Studies - Multidiscipline

- Distance ed graduate certificate composed of 8 courses: courses taken online; registration through Durham College 905-721-2000 or <https://durhamcollege.ca/academic-schools/school-of-continuing-education/programs-and-courses/programs/program?dept=DEDP&prog=DS>

Institute of Life Course and Aging, University of Toronto

<http://www.grandparentfamily.com/events/workshops/>

Offers workshops to meet the demand for ongoing professional development among healthcare workers and other professionals working with the aging population. Workshops vary in cost, duration and format – online, in-person, webcast and offer participants the opportunity to work at their own pace, interact with instructors and with other participants from a wide variety of perspectives and backgrounds.

Durham Region Based Education and Learning Resource Options

Durham Region Psychogeriatric Resource Consultant program

<http://www.ontarioshores.ca/>

An outreach program of Ontario Shores Centre for Mental Health Sciences, designed to meet the educational needs of health care staff working in long- term care homes, community service agencies, and homecare organizations including Community Care Access Centre. The Psychogeriatric Resource Consultants (PRCs)

For more information contact: Alzheimer Society of Durham Region, 905-576-2567 or 1-888-301-1106

Public Education program – Loretta Tanner (x5228) or Dawn Hannah (x5242)

Or **Psychogeriatric Resource Consultation Program** at Ontario Shores Centre for Mental Health Sciences, 905-668-5881 Ron Ranin (x6801), Christine Wimhurst (x6292)

offer case based coaching and topics tailored to staff learning needs. In addition to outreach education, PRC's are involved in the delivery of GPA and P.I.E.C.E.S.™ education programs.

Education program, Alzheimer Society Durham Region

<http://www.alzheimer.ca/durham>

Alzheimer Society Durham Region offers a comprehensive education program including a progressive learning series for people with dementia (early stages) and their families, quarterly workshops for professional care providers, and in-service education for residential care or agency staff. We address a variety of topics ranging from brain health and memory to other dementias, stage specific care strategies, enhancing communication and responsive behaviours. Education staff are certified to deliver GPA and *U-First! Workshops which are usually offered on a quarterly basis*. Consider visiting the Alzheimer Society web site for specific information about dates and times of programs. You will also find extensive print and video information and downloadable resources.