

Dementia Education Resources for Health Care Providers

Updated November 2023

BrainXchange – <http://brainxchange.ca>

A network of people dedicated to improving quality of life and support for persons with or at risk of having brain-health needs related to dementia, mental health and neurological conditions related to aging or have experienced brain health changes earlier in life that are now more complex with aging. They focus on the national and provincial sharing of resources and knowledge through in-person and virtual exchange to support relationships among industry, researchers, clinicians, policy makers, people with lived experience, and care partners. Consider subscribing to their e-newsletter to get updates about upcoming webinars and new resources.

BSO Website (Central East Region) – <http://centraleast.BehaviouralSupportsOntario.ca>

This website provides information on behavioural support services such as: specialized long-term care behavioural support teams, geriatric mental health outreach teams, community support services, Alzheimer Society support and education, counselling, and a variety of other programs. This site supports the information needs of patients, families, and caregivers, as well as service providers and primary care practitioners.

DementiAbility – www.dementiability.com

This interactive 2-day program is based on the education philosophies of Maria Montessori which were adapted to dementia programming by Dr. Cameron Camp. Research has provided clear evidence of increased levels of engagement and participation in activities when Montessori approaches are implemented with persons living with dementia.

Gentle Persuasive Approaches in Dementia Care (GPA) – <http://www.ageinc.ca>

A comprehensive curriculum designed to assist staff of care organizations to learn compassionate and effective ways to help people with dementia when they are upset or frustrate. It guides participants to better understand dementia and its responsive behaviours in order to respond effectively, respectfully and safely in the health care setting. Various workshops are offered virtually an in person. Additionally, there is an e-learning option, which allows participants to learn at their own pace, at times that are personally convenient.

*** For organizations looking for group training – please contact education@alzheimerdurham.com**

P.I.E.C.E.S – www.piecescanada.com

P.I.E.C.E.S is a holistic, relationship focused approach to collaborative engagement, shared assessment and supportive care with older persons at risk or living with complex chronic conditions and associated behavioural changes related to; neurocognitive disorders, mental health and substance use disorders, neurological conditions, and physical health conditions. This dynamic and highly interactive learning experience prepares learners, across the continuum of care, to apply the P.I.E.C.E.S approach in practice, working in full collaboration as

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a team. Learners must be a health professional (RN, RPN). For other learners (PSW< Recreation Aides, OT, PT, etc.) please refer to U-First® training.

U-First® – www.u-first.ca

U-First® is a training program that helps non-registered health care providers develop a common knowledge base, language, values and approach to caring for people with Alzheimer's disease and cognitive impairment by understanding the person and associated behaviour changes and working as a team to develop individualized support strategies. Training workshops available throughout Ontario and e-learning modules.

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Alzheimer Society of Durham Region – www.alzheimer.ca/durham/en

The Alzheimer Society of Durham Region offers a comprehensive education program including a progressive learning series for people living with dementia (early stage) and their care partners, as well as webinars for health care professionals. In-service education for organizations is also available and can address a variety of topics ranging from brain health and memory to other dementias, stage specific care strategies, enhancing communication and responsive behaviours. Virtual dementia tours are available at our office and can be facilitated at your organization.