

## Volunteer Position Description

Friday, June 04, 2021

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**Position Title:** Recreation Kit Social Group Presenter

**Reports To:** Active Living Manager

**Position Summary:** Provide industry expertise in the design of the Recreation Kits, and lead an interactive online social group, presenting engaging content related to the theme and contents of the Kit. In line with Alzheimer Society of Durham Region's (ASDR) mission and vision, to improve quality of life for persons living with dementia (PLWD) and their care partners, Recreation Kits are designed to engage PLWD in purposeful tasks to provide cognitive stimulation and social connection.

### Roles, Responsibilities and Tasks

- Lead or present in online social groups for Persons Living with Dementia and Care Partners, demonstrate activity, encourage discussion of Recreation Kit contents and sharing of experiences
- Provide a safe and welcoming environment for PLWD/CPs to engage in open sharing
- Provide input and feedback about design and contents of Recreation Kits
- Adhere to ASDR policies and procedures

### Skills, Knowledge and Competencies:

- Expertise, education or passion in related topic
- Experience public speaking would be an asset
- Knowledge of dementia and the implication for those caring for someone with the disease
- Ability to adapt presentation to needs of the audience
- Computer proficiency with an understanding of Zoom platform
- Respect for diversity, cultural awareness and sensitivity
- Empathy, flexibility, adaptability and ability to take initiative
- Ability to work independently and reliably

### Requirements:

- Recent and clear Vulnerable Sector check (police check), updated every three years
- Use of personal computer and internet usage
- Space and resources to engage in recreation kit assembly/demonstration during social group

### Environment / Conditions:

- Interacting with PLWD and/or care-partners
- Online

# Alzheimer Society

D U R H A M   R E G I O N

## **Training/Orientation:**

- General orientation about dementia and Alzheimer's disease, customer service, and program policies
- Position specific training on group facilitation and communication
- Support, feedback and assistance from ASDR staff

## **Dates and Time Commitment:**

- Minimum commitment: 2-3 months (includes planning and delivery of social group)
- Preparatory meetings with Active Living Manager/Working Group (approximately 1-2 meetings, 30 minutes in length)
- 1-2 social group sessions which correspond to Recreation Kit release; approximately one hour in length
- Attend all required training, information meetings, and scheduled sessions

## **Benefits:**

- Join a welcoming and dynamic ASDR volunteer community
- Gain knowledge regarding Alzheimer's disease and related dementias.
- Increased personal understanding of ASDR programs and services
- Sense of satisfaction and fulfillment
- Knowledge that you are playing an integral role in helping those who are struggling to cope with Alzheimer's disease or related dementias.

## **Contact Information:**

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