

Soci t  Alzheimer Society

Resource List for Teens

Updated: December 2018

For adults working with children and teens

Explaining dementia to children and young people Alzheimer's Society (UK), April 2016

https://www.alzheimers.org.uk/download/downloads/id/1835/factsheet_explaining_dementia_to_children_and_young_people.pdf

Parent's Guide: Helping Children and Teens Understand Alzheimer's Disease

Alzheimer's Association, 2013

http://www.alz.org/documents/national/brochure_childrenteens.pdf

After a Diagnosis of Alzheimer's: Talking with Kids (online video) Gee's father has Alzheimer's disease. In this video, she discusses helping her children deal with her father's disease.

www.youtube.com/watch?v=EbdldTRUjn0

After a Diagnosis of Alzheimer's: Libby's Story (online video) See Libby, who has Alzheimer's disease, talking about discussing the diagnosis with her grandson.

www.youtube.com/watch?v=jSqhpBhTaz8

For teens

Dementia in My Family Alzheimer's Australia www.dementiainmyfamily.org.au/

Kids & Teens Alzheimer's Association (US)

<https://www.alz.org/help-support/resources/kids-teens>

My Name is Lisa online video www.youtube.com/watch?v=ZiRHyzjb5SI

When Dementia is in the House – for parents, for teens

Website available online at <http://dementiainthehouse.com/for-teens/>

Alzheimer's and My Dad

<http://www.teenink.com/nonfiction/memoir/article/212275/Alzheimer39s-and-My-Dad/>

Videos for teens

https://www.alz.org/help-support/resources/kids-teens/for_teens

Part 1: What Is Alzheimer's Disease?

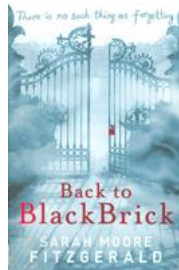
Part 2: What Can I Expect and How Can I Deal With It?

Part 3: If the Person with Alzheimer's Lives with Us, What Can I Expect?

Part 4: How Can I Help and What's Out There to Help Me?

Books (available through major online booksellers)

The following list is intended as a resource for families looking for materials it does not imply endorsement of any of the content.



Back to BlackBrick by Sarah Moore Fitzgerald

Publisher: Orion Childrens Books (an Imprint of The Orion Publishing Group Ltd) (Feb 7 2013)

ISBN-10: 1444006592

ISBN-13: 978-1444006599

This is a sensitively handled story about love, loss, bereavement and memories.

Cosmo hasn't had an easy start in life. His brother died in an accident followed by his mother disappearing to Australia for work, leaving him to live with his grandparents. Then his Grandad Kevin is diagnosed with Alzheimer's disease. They have become very close and Cosmo struggles to accept what is happening to his grandfather.

The book takes a fantastical turn when Grandad instructs Cosmo to take an old key and visit Blackbrick Abbey where he worked as a boy. Once there, Cosmo undertakes a journey into the past. Through discovering his family history he is able to reach an understanding that helps him to come to terms with the reality of the present.

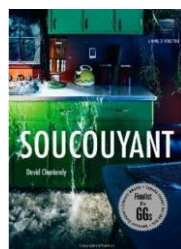
A complex novel, written for children aged 12 and over, which would also be a good read for adults seeking to understand how a child might react to a diagnosis of dementia in the family.

Soucouyant by Chariandy, David

Publisher: Arsenal Pulp Press (September 1, 2007)

ISBN-10: 1551522268

ISBN-13: 978-1551522265



A "soucouyant" is an evil spirit in Caribbean lore, a reminder of past transgressions that refuse to diminish with age. In this beautifully told novel that crosses borders, cultures, and generations, a young man returns home to care for his aging mother, who suffers from dementia. In his efforts to help her and by turn make amends for their past estrangement from one another, he is compelled to re-imagine his mother's stories for her before they slip completely into darkness. In delicate, heartbreaking tones, the names for everyday things fade while at the same time a beautiful, haunted life, stained by grief, is slowly revealed.

Non-English materials

A Quick Look at Alzheimer's

Five Pocket Films to Increase Understanding of a 21st Century Epidemic.

By *Shenk, David* 2009 www.aboutalz.org

1. What is Alzheimer's Disease?
2. An Urgent Epidemic
3. The Race to the Cure
4. A Message for Patients and their Families
5. The Genetics of Alzheimer's

Available in English, Arabic, Cantonese, Farsi, French, German, Hindi, Japanese, Mandarin, Portuguese, Russian, Spanish

Children/Teens and Dementia – Chinese

<http://www.alzheimer.ca/bc/~media/Files/bc/Advocacy-and-education/Other-languages/Chinese/2012-05-01%20Children%20Teens%20and%20Dementia%20Chinese.pdf>

For a full list of French resources, please visit <http://www.alzheimer.ca/fr/Living-with-dementia/Staying-connected/Helping-teens>