Société Alzheimer Society

Title of Study: Exploring the male perspective: The experiences of male spouses of wives who have dementia

Location: Ontario

Study Description:

This research will explore the experiences of male husbands aged 60+ whose wives have dementia to gain a better understanding of their experience, how they provide care, and how they construct their sense of self and their role. This project will contribute to the knowledge and understanding of the experiences of men caring for their spouse with dementia, increasing awareness of their perceptions and experiences.

What Will Happen During the Study?

Participants will engage in a phone or online interview approximately 40-60 minutes long about their experiences with having a wife with dementia and how it has impacted them. Participants may be asked if they would like to participate in a follow-up interview at a later date to clarify any themes or questions that arose in the first interview.

The results of the study will offer an understanding of the experiences men may have when caring for a spouse with dementia. The findings of this research may be used to provide evidence to support further investigation of male caregivers in dementia care and future development of theory, help address current knowledge gaps, and potentially inform service provision development for male caregivers.

Eligibility: Who Can Participate?

The focus of this research will be on the experiences of male caregivers in the community and retirement settings caring for their spouse who has a diagnosis of dementia. Eligible participants will meet the following criteria:

- 1. Identify as male
- 2. Are aged 60+
- 3. Speak and understand English
- 4. Have a wife with dementia who lives within the same household. Individuals whose spouse currently resides in a long-term care home or is deceased will be excluded from participating

Recruitment Start Date: March 18, 2021 **Recruitment End Date:** July 31, 2021

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