

Title of Study: The effects of Covid-19 Stress on the Quality of Life and Well-being of Informal Caregivers of Persons with Dementia

Location: Canada-Wide

Study Description:

The aim of our study is to have a greater understanding of the relationship between Covid- 19 stress and the quality of life and well-being of informal caregivers of persons with dementia.

The impact that the findings of this study can have are substantial, as it will begin the process of documenting the impact of the novel Covid-19 pandemic on informal caregivers of PWD. This will be able to address the current gap in literature and more tentatively, provide data to advocate for a socially-conscious approach in policy making.

All data collected throughout this research will be confidential. No potentially identifying details or findings will be published.

What Will Happen During the Study?

Eligible participants will be asked to fill out a 30-minute survey. The survey contains a demographic questionnaire, along with 4 validated scales relevant to the study. The qualitative portion of the survey will contain 4 open-ended questions which are relevant to the study. The first 20 eligible respondents who successfully complete the entire online survey for this research project will have the opportunity to receive one (1) of 20 \$25 Amazon gift cards*.

**While quantities last. Conditions are outlined in the informed consent.*

Eligibility: Who Can Participate?

You are eligible to participate if you meet the following criteria:

- a) You are aged 18 years or older.
- b) You are an informal caregiver (example: spouse, child, neighbor, etc.) and your care recipient meets the qualifications for an official diagnosis of some form of dementia; along with the care recipient being dependent on your support for activities/tasks related to daily living for at least the past 2 years (a minimum of 10 hours of care provided per week).
 - o For the purpose of this study, we broadly define informal care as any unpaid assistance with daily activities/tasks (including, but not limited to: bathing, shopping, cleaning, etc.).
- c) You are able to read and comprehend the English language at the grade 6 level.
- d) You currently reside in Canada and have been living in Canada for at least the past 2 years.

Recruitment Start Date: December 1st, 2021

Recruitment End Date: April 30th, 2022

Société Alzheimer *Society*

Contact Information

Name: Lucija Dorvak

Title/Position: MA Candidate in Counselling, Psychotherapy, and Spirituality

Affiliated Institution: Saint-Paul University

Email: ldorv068@uottawa.ca

Phone: 613-236-1393 ext. 4177

Access the online survey at the following link:

http://uottawapsy.az1.qualtrics.com/jfe/form/SV_dhxl6zi711X6Oa