

**Title of Study: Double-Duty Caregivers: How have they been affected by COVID-19?  
Exploring the Support Needs of Healthcare Providers who are also Family Caregivers**

**Location:** Canada-Wide

**Study Description:**

COVID-19, the public health protocols to control it, and treating patients ill with COVID-19 have stressed family caregivers and healthcare providers. We expect that the impact may be even greater for “double-duty” caregivers. Double-duty caregivers are family caregivers who are employed in the healthcare field while also providing unpaid care outside of work (to a family member, chosen family, friend, or neighbor). The impact of the dual formal care role in healthcare and family caregiving can have implications for health providers. The aim of this study is to examine the impact of COVID-19 on double-duty caregivers' wellbeing.

The results of the survey will be shared with politicians, policymakers, in research publications, and the general public on Dr. Parmar's website  
<https://www.caregivercare.ca/research>

**What Will Happen During the Study?**

This study will involve an online survey that takes 20 minutes to complete. The survey is delivered online on the secure REDCap survey platform.

**Eligibility: Who Can Participate?**

To be eligible to participate in this study, you must be a “Double Duty Caregiver” – a Canadian family caregiver who is also a healthcare professional (including Healthcare Aides and Personal Care Attendants).

**Recruitment Start Date:** March 15, 2022

**Recruitment End Date:** June 30, 2022

**Contact Information:**

**Name:** Sharon Dorothy Anderson

**Title/Position:** Research Coordinator

**Affiliated Institution:** Department of Family Medicine, University of Alberta

**Email:** [sdanders@ualberta.ca](mailto:sdanders@ualberta.ca)

**Phone:** +1 07809535541