



U-First! for Care Partners

Registration
is Free

U-First!® is an innovative education program for all members of the care team who are supporting people with behaviour changes due to dementia or other cognitive impairment. This includes health care providers in a direct care role and care partners (family and friends). The U-First!® Framework is a person-centred approach to looking at the whole person.

U-First!® for Care Partners

is a 6 hour education program that will help you to build confidence and skills to:

- Enhance your well-being and that of the person you are supporting who is experiencing behaviour changes
- Reduce responsive behaviours by using the U-First!® framework
- Improve collaboration among all team members through a common knowledge, language and approach to care

Online Zoom Workshop* for Care Partners in KFL&A

MATERIALS MUST BE PICKED UP AT THE OFFICE OR MAILED-Register at least one week ahead!

DAYTIME:

Friday, April 9, 16 & 23:

10:00am-12:00pm

[Register here](#)

If you are interested in participating, please contact:

Phone: (613)-544-3078 ext. 203

E-mail: education@alzking.com

**Please note, this will not be recorded. You must attend live to receive your certificate. Each session is a total of 6 hours.*

(the same content will be covered at both the weekend and the daytime sessions)

Facilitated by: Wendy Harris & Lisa Prest