


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	 <p>EASTER MONDAY Office Closed</p>	<p>Men's Peer Group 10:00am -Noon & 1:30- 3:00pm Caregiver Café -1:30pm <u>ZOOM</u> or in office NEW Caregiver of Parents <u>Zoom</u> 5:30pm</p>	<p>Ladies' Peer Group 10:00am -11:30am Gentle Exercises 1:30pm <u>Zoom</u></p>	<p>In Person Support Group Napanee Office 10:30am - Noon Coffee Social 1 - 3pm</p>		
7	 <p>Solar Eclipse today!</p> <p>Mixed Peer Group & Caregiver Chat 10:00-Noon Memory Café 10-Noon Napanee Office</p>	<p>Men's Peer Group 10:00am -Noon & 1:30- 3:00pm Caregiver Café -1:30pm <u>ZOOM</u> or in office Caregiver Evening Chat 7:00pm - <u>ZOOM</u></p>	<p>Ladies' Peer Group 10:00am -11:30am Gentle Exercises 1:30pm <u>Zoom</u></p>	<p>In Person Support Group Napanee Office 10:30am - Noon Coffee Social 1 - 3pm</p>		
14	<p>Mixed Peer Group & Caregiver Chat 10:00-Noon Musical Happy Hour with Max and Company 6:30pm <u>ZOOM</u> Memory Café 10-Noon Napanee Office</p>	<p>Men's Peer Group 10:00am -Noon & 1:30- 3:00pm Caregiver Café -1:30pm <u>ZOOM</u> or in office</p>	<p>Ladies' Peer Group 10:00am -11:30am Gentle Exercises 1:30pm <u>Zoom</u> Afternoon Trivia 1-3pm</p>	<p>In Person Support Group Napanee Office 10:30am - Noon Coffee Social 1 - 3pm</p>		
21	<p>Mixed Peer Group & Caregiver Chat 10:00-Noon Memory Café 10-Noon Napanee Office</p>	<p>Men's Peer Group 10:00am -Noon & 1:30- 3:00pm Caregiver Café -1:30pm <u>ZOOM</u> or in office</p>	<p>Ladies' Peer Group 10:00am -11:30am Gentle Exercises 1:30pm <u>Zoom</u></p>	<p>In Person Support Group Napanee Office 10:30am - Noon Coffee Social 1 - 3pm Virtual Caregiver Group 5:30 - 7:00pm NEW TIME! <u>Zoom</u></p>		
28	<p>Mixed Peer Group & Caregiver Chat 10:00-Noon Musical Happy Hour with Max and Company 6:30pm <u>ZOOM</u> Memory Café 10-Noon Napanee Office</p>	<p>Men's Peer Group 10:00am -Noon & 1:30- 3:00pm Caregiver Café -1:30pm <u>ZOOM</u> or in office</p>	<p>April 2024 Kingston: Events Red: Person Living with a Diagnosis Blue: Groups for Caregivers Green: Special Events Purple: Napanee Orange: All Welcome Caregivers and Persons Living with a Diagnosis</p>			