

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

August 2024


Kingston: Events Red: Person Living with a Diagnosis

Blue: Groups for Caregivers

Green: Special Events

Purple: Napanee

Orange: All Welcome Caregivers and Persons Living with a Diagnosis

					1 In-Person Support Group Napanee Office 10:30am - Noon Memory Café Kingston 1 - 3pm Caregiver Support Group 10 am Kingston Office	2	3
4	5  OFFICE Closed!	6 Men's Peer Group 10:00am -Noon & 1:30- 3:00pm Caregiver Café -1:30pm ZOOM or in office Caregiver of Parents Zoom 5:30pm	7 Ladies' Peer Group 10:00 am -11:30 am	8 In-Person Support Group Napanee Office 10:30am - Noon Memory Café Kingston 1 - 3pm Caregiver Support Group 10 am Kingston Office	9	10	
11	12 Mixed Peer Group Caregiver Support Group 10:00-Noon Musical Happy Hour with Max and Company 6:30 pm ZOOM Memory Café 10-Noon Napanee Office	13 Men's Peer Group 10:00 am -Noon & 1:30- 3:00 pm Caregiver Café -1:30pm ZOOM or in-office Caregiver Evening Chat 7:00 pm	14 Ladies' Peer Group 10:00 am -11:30 am	15 In-Person Support Group Napanee Office 10:30am - Noon Memory Café Kingston 1 - 3pm Caregiver Support Group 10 am Kingston Office	16	17	
18	19 Mixed Peer Group Caregiver Support Group 10:00-Noon Memory Café 10-Noon Napanee Office	20 Men's Peer Group 10:00am-Noon & 1:30- 3:00 pm Caregiver Café -1:30pm ZOOM or in-office	21 Ladies' Peer Group 10:00 am -11:30 am	22 In-Person Support Group Napanee Office 10:30am - Noon Memory Café Kingston 1 - 3pm Caregiver Support Group 10 am Kingston Office	23	24	
25	26 Mixed Peer Group Caregiver Support Group 10:00-Noon Musical Happy Hour with Max and Company 6:30pm ZOOM Memory Café 10-Noon Napanee Office	27 Men's Peer Group 10:00am-Noon & 1:30- 3:00 pm Caregiver Café -1:30pm ZOOM or in office	28 Ladies' Peer Group 10:00am -11:30am	29 In-Person Support Group Napanee Office 10:30am - Noon Memory Café Kingston 1 - 3pm Caregiver Support Group 10 am Kingston Office	30	31	