Sunday Monday Tuesday Wednesday Thursday Friday Saturday **July 2023 KFL&A Alzheimer Society Ladies' Peer Group In Person Support Group Canada Day** Men's Peer Group **Crossroads Church** Napanee Office 10:30am **Holiday Observed Crossroads Church** 11:00-12:30pm - Noon 10:30-12:30pm **Gentle Exercises 1:30pm** Office Closed Caregiver Café -1:30pm Zoom **No Activities ZOOM Mixed Peer Group Men's Peer Group** 10 13 14 12 15 **Crossroads Church Ladies' Peer Group Crossroads Church In Person Support Group** 10:00am - 1:00pm Crossroads Church 10:30-12:30pm **Caregiver Chat** Napanee Office 10:30am **Crossroads Church** 11:00-12:30pm Caregiver Café -1:30pm - Noon 11:00-12:30pm **Gentle Exercises 1:30pm ZOOM Musical Happy Hour with** Zoom **Max and Company Caregiver Evening Chat** 6:30pm - ZOOM 7:00pm - ZOOM 17 18 21 16 19 20 22 Ladies' Peer Group **Mixed Peer Group** Men's Peer Group **Crossroads Church** Crossroads Church **In Person Support Group** Crossroads Church 10:00am - 1:00pm 11:00-12:30pm Napanee Office 10:30am - Noon **Caregiver Chat** 10:30-12:30pm Men's Caregiver Group10:00am **Gentle Exercises 1:30pm Crossroads Church** Caregiver Café -1:30pm Zoom 11:00-12:30pm **ZOOM** Men's Peer Group 25 23 **Mixed Peer Group** 26 27 28 29 **Crossroads Church** Ladies' Peer Group **In Person Support Group** 10:00am - 1:00pm **Crossroads Church Crossroads Church** Napanee Office 10:30am -**Caregiver Chat** 10:30-12:30pm 11:00-12:30pm **Crossroads Church** Noon Caregiver Café -1:30pm Gentle Exercises 1:30pm 11:00-12:30pm **NEW-In Person Caregiver Group Musical Happy Hour with ZOOM** Zoom **Providence Village6-8pm Max and Company** 6:30pm - ZOOM 30 31 Kingston: Events Red: Person Living with a Diagnosis **Mixed Peer Group** Blue: Groups for Caregivers **Crossroads Church** Green: Special Events 10:00am - 1:00pm **Caregiver Chat** Purple: Napanee Groups **Crossroads Church** Orange: All Welcome Caregivers and Persons Living with a Diagnosis 11:00-12:30pm