

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

May 2024



Kingston: Events Red: Person Living with a Diagnosis

Blue: Groups for Caregivers

Green: Special Events

Purple: Napanee

Orange: All Welcome Caregivers and Persons Living with a Diagnosis

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Ladies' Peer Group 10:00am -11:30am	2 In Person Support Group Napanee Office 10:30am - Noon Memory Café Kingston 1 - 3pm	3	4
5	6 Mixed Peer Group & Caregiver Chat 10:00-Noon Memory Café 10-Noon Napanee Office	7 Men's Peer Group 10:00am -Noon & 1:30- 3:00pm Caregiver Café -1:30pm ZOOM or in office NEW Caregiver of Parents Zoom 5:30pm	8 Ladies' Peer Group 10:00am -11:30am	9 In Person Support Group Napanee Office 10:30am - Noon Memory Café Kingston 1- 3pm	10	11 Napanee Walk for Alzheimer's John Parrot Centre 9 am – Noon All welcome!!
12 <i>Happy Mother's Day</i> 	13 Mixed Peer Group & Caregiver Chat 10:00-Noon Musical Happy Hour with Max and Company 6:30pm ZOOM Memory Café 10-Noon Napanee Office	14 Men's Peer Group 10:00am -Noon & 1:30- 3:00pm Caregiver Café -1:30pm ZOOM or in office Caregiver Evening Chat 7:00pm - ZOOM	15 Ladies' Peer Group 10:00am -11:30am	16 In Person Support Group Napanee Office 10:30am - Noon Memory Café Kingston 1- 3pm	17	18
19	20 Victoria Day Office is Closed!	21 Men's Peer Group 10:00am -Noon & 1:30- 3:00pm Caregiver Café -1:30pm ZOOM or in office	22 Ladies' Peer Group 10:00am -11:30am	23 In Person Support Group Napanee Office 10:30am - Noon Memory Café Kingston 1- 3pm Virtual Caregiver Group 5:30 – 7:00pm NEW TIME! Zoom	24 Office is Closed – Gearing up for the Walk!!	25  WALK FOR ALZHEIMER'S Alzheimer Society Walk Today! Kingston
26	27 Mixed Peer Group & Caregiver Chat 10:00-Noon Musical Happy Hour with Max and Company 6:30pm ZOOM Memory Café 10-Noon Napanee Office	28 Men's Peer Group 10:00am -Noon & 1:30- 3:00pm Caregiver Café -1:30pm ZOOM or in office	29 Ladies' Peer Group 10:00am -11:30am	30 In Person Support Group Napanee Office 10:30am - Noon Memory Café Kingston 1 - 3pm	31	