

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

November 2024

Kingston: Events Red: Person Living with a Diagnosis

Blue: Groups for Caregivers

Green: Special Events

Purple: Napanee

Orange: All Welcome Caregivers and Persons Living with a Diagnosis

*Registration Required for Minds in Motion – See Colton for Details

						1	2
3	4	5	6	7	8	9	
 <p>Don't Forget to Fall Back! Daylight Savings Time Ends Sunday at 2am. Set your clocks back one hour!</p>	<p>Mixed Peer Group Caregiver Support Group 10:00-Noon Memory Café 10-Noon Napanee Office Musical Happy Hour with Max and Wayne 6:30 pm ZOOM</p>	<p>Men's Peer Group 10:00am -Noon & 1:30- 3:00pm Caregiver Café -1:30pm ZOOM or in-office Caregiver of Parents Zoom 5:30 pm</p>	<p>NO LADIES Group Staff Training</p> <p>Mind in Motion * 1-3 pm</p>	<p>In-Person Support Group Napanee Office 10:30am - Noon Memory Café Kingston 1 - 3 pm Caregiver Support Group 10 am Kingston Office Minds in Motion* 10am-Noon</p>			
10	11	12	13	14	15	16	
	 <p>Mixed Peer Group Caregiver Support Group 10:00-Noon Memory Café 10-Noon Napanee Office</p>	<p>Men's Peer Group 10:00 am -Noon & 1:30- 3:00 pm Caregiver Café -1:30pm ZOOM or in-office Caregiver Evening Chat 7:00 pm</p>	<p>Ladies' Peer Group 10:00 am -11:30 am</p> <p>No Minds in Motion Today!</p>	<p>In-Person Support Group Napanee Office 10:30am - Noon Memory Café Kingston 1 - 3 pm Caregiver Support Group 10 am Kingston Office No Minds in Motion Today!</p>			
17	18	19	20	21	22	23	
	<p>Mixed Peer Group Caregiver Support Group 10:00-Noon Musical Happy Hour with Max and Wayne 6:30 pm ZOOM Memory Café 10-Noon Napanee Office</p>	<p>Men's Peer Group 10:00am-Noon & 1:30- 3:00 pm Caregiver Café -1:30pm ZOOM or in-office</p>	<p>Ladies' Peer Group 10:00 am -11:30 am</p> <p>Mind in Motion * 1-3 pm</p>	<p>In-Person Support Group Napanee Office 10:30am - Noon Memory Café Kingston 1 - 3 pm Caregiver Support Group 10 am Kingston Office Minds in Motion* 10am-Noon</p>			
24	25	26	27	28	29	30	
	<p>Mixed Peer Group Caregiver Support Group 10:00-Noon Memory Café 10-Noon Napanee Office</p>	<p>Men's Peer Group 10:00am-Noon & 1:30- 3:00 pm Caregiver Café -1:30pm ZOOM or in-office</p>	<p>Ladies' Peer Group 10:00 am -11:30 am</p> <p>Mind in Motion * 1-3 pm</p>	<p>In-Person Support Group Napanee Office 10:30am - Noon Memory Café Kingston 1 - 3 pm Caregiver Support Group 10 am Kingston Office Minds in Motion* 10am-Noon</p>			