

Sunday

Monday

Tuesday




Wednesday

Thursday

Friday

Saturday

October 2024

	<p>Men's Peer Group 1 10:00am -Noon & 1:30- 3:00pm Caregiver Café -1:30pm ZOOM or in-office Caregiver of Parents Zoom 5:30 pm</p>	<p>Ladies' Peer Group 2 10:00 am -11:30 am Mind in Motion * 1-3 pm</p>	<p>In-Person Support Group 3 Napanee Office 10:30am - Noon Memory Café Kingston 1 - 3 pm Caregiver Support Group 10 am Kingston Office Minds in Motion* 10am-Noon</p>	<p>Staff Training Day 4 Office Closed</p>		
6	<p>Mixed Peer Group 7 Caregiver Support Group 10:00-Noon Memory Café 10-Noon Napanee Office</p>	<p>Men's Peer Group 8 10:00 am -Noon & 1:30- 3:00 pm Caregiver Café -1:30pm ZOOM or in-office Caregiver Evening Chat 7:00 pm</p>	<p>Ladies' Peer Group 9 10:00 am -11:30 am Mind in Motion * 1-3 pm</p>	<p>In-Person Support Group 10 Napanee Office 10:30am - Noon Memory Café Kingston 1 - 3 pm Caregiver Support Group 10 am Kingston Office Minds in Motion* 10am-Noon</p>	<p>Staff Training Day 11 Office Closed</p>	<p> Forget Me Not Photo Day (booking required) 12</p>
13	<p><i>Happy Thanksgiving</i> CANADA  Office is Closed 14</p>	<p>Men's Peer Group 15 10:00am-Noon & 1:30- 3:00 pm Caregiver Café -1:30pm ZOOM or in-office</p>	<p>Ladies' Peer Group 16 10:00 am -11:30 am Mind in Motion * 1-3 pm</p>	<p>In-Person Support Group 17 Napanee Office 10:30am - Noon Memory Café Kingston 1 - 3 pm Caregiver Support Group 10 am Kingston Office Minds in Motion* 10am-Noon</p>	18 19	
<p> Forget Me Not Photo Day (booking required) 20</p>	<p>Mixed Peer Group 21 Caregiver Support Group 10:00-Noon Musical Happy Hour with Max and Wayne 6:30 pm ZOOM Memory Café 10-Noon Napanee Office</p>	<p>Men's Peer Group 22 10:00am-Noon & 1:30- 3:00 pm Caregiver Café -1:30pm ZOOM or in-office</p>	<p>Ladies' Peer Group 23 10:00 am -11:30 am Mind in Motion * 1-3 pm</p>	<p>In-Person Support Group 24 Napanee Office 10:30am - Noon Memory Café Kingston 1 - 3 pm Caregiver Support Group 10 am Kingston Office Minds in Motion* 10am-Noon</p>	25 26	
27	<p>Mixed Peer Group 28 Caregiver Support Group 10:00-Noon Memory Café 10-Noon Napanee Office</p>	<p>Men's Peer Group 29 10:00am-Noon & 1:30- 3:00 pm Caregiver Café -1:30pm ZOOM or in-office</p>	<p>Ladies' Peer Group 30 10:00 am -11:30 am Mind in Motion * 1-3 pm</p>	<p>In-Person Support Group 31 Napanee Office 10:30am - Noon Memory Café Kingston 1 - 3 pm Caregiver Support Group 10 am Kingston Office Minds in Motion* 10am-Noon</p>	<p>Kingston: Events Red: Person Living with a Diagnosis Blue: Groups for Caregivers Green: Special Events Purple: Napanee Orange: All Welcome Caregivers and Persons Living with a Diagnosis *Registration Required for Minds in Motion – See Colton for Details</p>	