

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



**October 2020**

ALZHEIMER'S SOCIETY OF KFL&A,  
400 Elliot Ave. 613-544-3078

<p><b>NEW Minds in Motion Exercise PROGRAM IN CONJUNCTION WITH SARNIA! WE hope you can join us!</b></p>		<p><b>Men's Peer Group 9am</b> <b>Minds in Motion 10am</b> <b>Caregivers Café 1:30pm</b></p>	<p><b>Caring in Facility Caregiver Support 10:00am</b> <b>Circle of Friends 1:30pm</b></p>	<p><b>Minds in Motion 10am</b> <b>Musical Memories 2pm</b></p>	<p><b>Friendly Fridays at the Chit Chat on Zoom 1:00 ( No Hyperlink)</b></p> <p><small>Sukkot Begins</small></p>	 <p><small>Simchat Torah Begins</small></p>
<p>All of our programming is currently back on zoom. The links are in the Newsletter and Eblast!</p>	 <p><small>We are closed today Thanksgiving Day (Canada)</small></p>	<p><b>Men's Peer Group 9am</b> <b>Minds in Motion 10am</b> <b>Caregivers Café 1:30pm</b> <b>Caregivers Evening Chat 7pm</b></p>	<p><b>Ladies Peer Group for early onset 9:00 am</b> <b>Circle of Friends 1:30pm</b></p>	<p><b>Minds in Motion 10am</b> <b>Men's Caregiver Group 10am</b> <b>Musical Memories 2pm</b></p>	<p><b>Friendly Fridays at the Chit Chat on Zoom 1:00 ( No Hyperlink)</b> <b>Matinee Movie Grumpy Old Men 1:30 pm</b></p>	<p><b>Note: WE are inviting you to join us online for a movie on Friday the 16<sup>th</sup> at 1:30 please call the office to</b></p>
<p><b>*Please register for Virtual Speaker Series (click link on event to register or ask us for help!)</b></p>	<p><b>History of Hats - Presentation from Oil Heritage Museum 1:30 pm</b></p>	<p><b>Men's Peer Group 9am</b> <b>Minds in Motion 10am</b> <b>Caregivers Café 1:30pm</b></p>	<p><b>Ladies Peer Group for early onset 9:00 am</b> <b>Circle of Friends 1:30pm</b></p>	<p><b>Minds in Motion 10am</b> <b>Musical Memories 2pm</b></p>	<p><b>Friendly Fridays at the Chit Chat on Zoom 1:00 ( no hyperlink)</b></p>	<p><b>register as we have treat boxes for all who wish to participate!</b></p>
<p><b>LEGEND:</b> <b>BLUE:</b> Caregiver Support Groups <b>GREEN:</b> Special Event <b>RED:</b> Groups for persons living with a diagnosis</p>		<p><b>Men's Peer Group 9am</b> <b>Minds in Motion 10am</b> <b>Caregivers Café 1:30pm</b></p>	<p><b>Ladies Peer Group for early onset 9:00 am</b> <b>Circle of Friends 1:30pm</b></p>	<p><b>Minds in Motion 10am</b> <b>*Virtual Speaker Sherry Lachine of Broadmind 12:30 pm*</b> <b>Musical Memories 2pm</b></p>	<p><b>Friendly Fridays at the Chit Chat on Zoom 1:00 ( no hyperlink)</b></p>	 <p><b>Happy Halloween</b></p> <p><small>Halloween</small></p>