

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

October 2021

REVISED

	<h1>October 2021</h1> <p>REVISED</p>					<p>Coffee Day Today! All area McDonalds donate .50cents per cup of coffee sold! Make your coffee count!</p>	<p>PLEASE NOTE Friendly Fridays at the Chit Chat 1:00 email: Noreen Peters noreenpeters@cogeco.ca</p>
<p>Please note some changes from Sarnia, no MIM on Tues.</p>	<p>Minds In Motion with Yoga 10:00 am Musical Happy Hour with Max and Wayne 6:30</p>	<p>Men's Peer Group 8:30 am Caregiver Cafe 1:30 pm</p>	<p>Caregiving in the Facility Caregiver Support Ladies Peer Support Group 9:00 am Circle Of Friends</p>	<p>Minds in Motion 10am Musical Memories 2:00 pm (Terry Johnson)</p>	<p>Armchair Travelogue 11:00 am Friendly Fridays at the Chit Chat 1:00</p>		
<p>10</p>	<p>Happy Thanks Giving! OFFICE CLOSED <small>Columbus Day (US) Indigenous Peoples' Day Thanksgiving (Canada)</small></p>	<p>Men's Peer Group 8:30 am Caregiver Cafe 1:30 pm Caregiver Evening Chat 7:00</p>	<p>Ladies Peer Support Group 9:00 am Circle Of Friends 1:30 pm</p>	<p>Minds in Motion 10am Musical Memories 2:00 pm (MARI)</p>	<p>Friendly Fridays at the Chit Chat 1:00 Matinee Movie August Rush 1:30</p>	<p>Forget Me Not Photos - Kingston <small>Contact Lesley to book a time -544-3078 ext. 204 fundraising@alzking.com see attached poster for details.</small></p>	
<p>Forget Me Not Photos - Napanee <small>Contact Lesley to book a time -544-3078 ext. 204 fundraising@alzking.com see attached poster for details.</small></p>	<p>Minds In Motion with Yoga 10:00 am Musical Happy Hour with Max and Wayne 6:30</p>	<p>Men's Peer Group 8:30 am Caregiver Cafe 1:30 pm</p>	<p>Ladies Peer Support Group 9:00 am Circle Of Friends 1:30 pm</p>	<p>Minds in Motion 10am Men's Caregiver Group 10 am Musical Memories 2:00 pm (Michael K. Myers)</p>	<p>Armchair Travelogue 11:00 am Friendly Fridays at the Chit Chat 1:00</p>		
<p>24</p>	<p>Minds In Motion with Yoga 10:00 am</p>	<p>Men's Peer Group 8:30 am Caregiver Cafe 1:30 pm</p>	<p>Ladies Peer Support Group 9:00 am Circle Of Friends 1:30 pm</p>	<p>Minds in Motion 10am Musical Memories 2:00 pm (Glenn Reid)</p>	<p>Friendly Fridays at the Chit Chat 1:00</p>		
<p>BLUE: Caregiver Support Groups GREEN: Special Event RED: Groups for persons living with a diagnosis <small>Halloween</small></p>	 <p>ALZHEIMER'S SOCIETY OF KFL&A, 400 Elliot Ave. Unit 4, Kingston, ON K7K 6M9, 613-544-3078</p>						

To join the activities/register - click on the activity/event title