

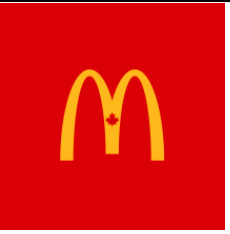
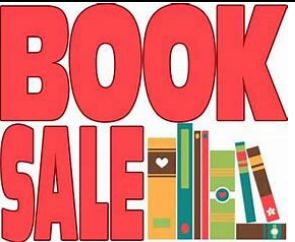



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2  OFFICE CLOSED!	3 Men's Peer Group 10:00am -Noon & 1:30- 3:00pm Caregiver Café -1:30pm <a href="#">ZOOM</a> or in-office Caregiver of Parents <a href="#">Zoom</a> 5:30 pm	4 Ladies' Peer Group 10:00 am -11:30 am  Mind in Motion * 1-3 pm	5 In-Person Support Group Napane Office 10:30am - Noon Memory Café Kingston 1 - 3 pm Caregiver Support Group 10 am Kingston Office Minds in Motion* 10am-Noon	6	7
8	9 Mixed Peer Group Caregiver Support Group 10:00-Noon Musical Happy Hour with Max and Wayne 6:30 pm <a href="#">ZOOM</a> Memory Café 10-Noon Napane Office	10 Men's Peer Group 10:00 am -Noon & 1:30- 3:00 pm Caregiver Café -1:30pm <a href="#">ZOOM</a> or in-office Caregiver Evening Chat <a href="#">7:00 pm</a>	11 Ladies' Peer Group 10:00 am -11:30 am  Mind in Motion * 1-3 pm	12 In-Person Support Group Napane Office 10:30am - Noon Memory Café Kingston 1 - 3 pm Caregiver Support Group 10 am Kingston Office Minds in Motion* 10am-Noon	13  Rotary Park Noon to 3 pm Please Register!	14
15	16 Mixed Peer Group Caregiver Support Group 10:00-Noon Memory Café 10-Noon Napane Office	17 Men's Peer Group 10:00am-Noon & 1:30- 3:00 pm Caregiver Café -1:30pm <a href="#">ZOOM</a> or in-office	18 Ladies' Peer Group 10:00 am -11:30 am  Mind in Motion * 1-3 pm	19  McDonald's Coffee Break Day! Support us!	20  Friday and Saturday! Westdale Park Centre Napane - see newsletter for all the details	21 Book Sale -Napane 1-4pm  Northbrook Walk -Raffle, Bake Sale and More!
22	23 Mixed Peer Group Caregiver Support Group 10:00-Noon Memory Café 10-Noon Napane Office	24 Men's Peer Group 10:00am-Noon & 1:30- 3:00 pm Caregiver Café -1:30pm <a href="#">ZOOM</a> or in-office	25 Ladies' Peer Group 10:00 am -11:30 am  Mind in Motion * 1-3 pm	26 In-Person Support Group Napane Office 10:30am - Noon Memory Café Kingston 1 - 3 pm Caregiver Support Group 10 am Kingston Office Minds in Motion* 10am-Noon	27	28
29	30 Mixed Peer Group Caregiver Support Group 10:00-Noon Memory Café 10-Noon Napane Office	<b>September 2024</b> Kingston: Events Red: Person Living with a Diagnosis Blue: Groups for Caregivers Green: Special Events Purple: Napane Orange: All Welcome Caregivers and Persons Living with a Diagnosis *Registration Required for Minds in Motion – See Colton for Details				