

CAREGIVER SUPPORT GROUPS 2023

Join your peers in a supportive discussion group

IN PERSON GROUPS

Kemptville

First Monday of each month

1-2:30pm
North Grenville Public Library
1 Water Street Kemptville

Prescott

First Wednesday of each month

10:30am
Wellington House
990 Edward Street North, Prescott

Brockville

Second Thursday of each month

10:30am – noon
Alzheimer Society Offices
100 Strowger Blvd, Suite 107 Brockville

Gananoque

Second Friday of each month

10:30am - noon
Fox Run Retirement
104 Thousand Islands Parkway
Gananoque

Men's Caregiver Support Group

Fourth Tuesday of each month

10-11:30am
At our Brockville Offices and also on
Zoom For male Caregivers

VIRTUAL GROUPS

VIRTUAL MEN'S CAREGIVER SUPPORT GROUP

Fourth Tuesday of each month

10-11:30am on Zoom
For male Caregivers

VIRTUAL WOMEN'S CAREGIVER SUPPORT GROUP

Fourth Thursday of each month

10:30am – noon on Zoom
For female Caregivers

VIRTUAL CAREGIVER SUPPORT GROUP

On Zoom various times each month

OUR SUPPORT GROUPS
ARE CONFIDENTIAL
ENVIRONMENTS FOR
CAREGIVERS TO SHARE
AND LEARN.

PLEASE CALL FOR DETAILS:
613 345-7392 OR TOLL FREE 1-866-576-8556
Individual appointments available

PROGRAMS FOR THOSE LIVING WITH DEMENTIA

BRAIN WAVE

Brain Wave currently runs on alternate

Mondays

On Zoom

10am – 11:30am

For persons recently diagnosed

Education * Information * Support

ADULT DAY PROGRAM

Mondays and Wednesdays

9:30am – 3pm

For persons with dementia

Social * Activities

Pre registration and HCCSS eval is required.

Alzheimer Society 100 Strowger Blvd, Suite

107 Brockville



SUNSHINE COFFEE CLUB

The first Friday of each month

10am-noon (drop in)

Alzheimer Society Offices

100 Strowger Blvd, Suite 107 Brockville

*A relaxed social setting for caregivers and
persons with a cognitive impairment.*