



# WALK FOR ALZHEIMER'S

## Indoor Scavenger Hunt

Check each item off as you find it on your walk  
(or as many as you can find)

\*You may not be able to find everything on your list in the area you are walking, just send in what you do find 😊

\_\_\_ Sock

\_\_\_ Fork

\_\_\_ Plant

\_\_\_ Soap

\_\_\_ Book

\_\_\_ Something that starts with the letter A

\_\_\_ Band-aid

\_\_\_ Lamp

\_\_\_ Pan

\_\_\_ Bowl

\_\_\_ Envelope

\_\_\_ Nail

\_\_\_ Ball

\_\_\_ A Dime

\_\_\_ Dice

\_\_\_ Deck of Cards

\_\_\_ Puzzle Piece

\_\_\_ Coat Hanger

Once you have completed your list (or as much as you can) take a picture of yourself with the completed list, or a picture of one item and the completed list and email them to [bwhitew@alzllg.ca](mailto:bwhitew@alzllg.ca) or post them on our Facebook Page @AlzheimerSocietyLLG1 or post and tag us on Twitter @1ASLLG