



WALK FOR ALZHEIMER'S

Outdoor Scavenger Hunt

Check each item off as you find it on your walk
(or as many as you can find)

*You may not be able to find everything on your list in the area you are walking, just send in what you do find 😊

___ Stop Sign

___ Rock

___ Leaf

___ Tree

___ Flower

___ Something that starts with the letter A

___ Bird

___ Mailbox

___ Stick

___ Grass

___ Butterfly

___ Tree Stump

___ Flag

___ Cloud

___ Car or Truck

___ Something round

___ Water

___ Squirrel

Once you have completed your list (or as much as you can) take a picture of yourself with the completed list, or a picture of one item and the completed list and email them to bwhitew@alzllg.ca or post them on our Facebook Page @AlzheimerSocietyLLG1 or post and tag us on Twitter @1ASLLG