SATURDAY, APRIL 24, 2021

On This Date

1895 - Joshua Slocum, from Brier



Island, Nova Scotia, left Boston to begin his solo around-the-world voyage on an 11-meter oystercatcher. In 1900, he wrote

a book about his journey, *Sailing Alone Around the World*, which became an international bestseller.

1942 – Ingrid Bergman signed with Warner Bros. to play Ilsa, opposite Humphrey Bogart, in *Casablanca*. She was under contract with David O. Selznick, but he let her do the film in exchange for the right to use Warner Brothers' Olivia de Havilland in another film.

Daily Trivia

Honey is the only food that does not spoil. Honey contains very little water, and bacteria cannot grow in it. Honey found in the tombs of Egyptian pharaohs has been tested and found to be edible.

Quote of the Day

"It is beautiful to be what you are."

~ John-Paul Gaultier

Happy Birthday!

John Paul Gaultier, born in 1952, is a celebrated French fashion designer who launched his famous high fashion label in 1982. Known for his irreverent, unorthodox creativity (such as making a gown out of a trash bag), his use of unconventional models, and reimagined takes on classic designs (including his signature sailor stripe), he also served as the creative director of the luxury goods empire Hermès from 2003 to 2010. Gaultier retired in 2020 after his 50th-anniversary haute couture

fashion show during Paris Fashion Week. He was also a cohost of the British TV show *Eurotrash* from 1993 to 1997.



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Today is Kiss of Hope Day. Celebrated on the last Saturday in April, this day encourages couples and parents to express their love for one another, providing a valuable example of love for those in their families.

You Are What You Eat

Macaroons are believed to have been invented in an Italian monastery during the eighth century. Over centuries, the recipe macaroons evolved from a base of almond paste to the use of shredded coconut, finally becoming the small coconut cakes we know today. The recipe took a dramatic turn in the 18th century, when French chefs, sticking with the original ingredients of almond paste, sugar, and whites, created light, puffy, meringue-like cookie. They spread jam, cream, or ganache in between two cookies to create the French macaron.

Word Scramble

NIGUPM

To dispute the truth or validity of

VNZMEK: IWb\(\text{IW}\)

Only Human

It is a common problem, but more common in men with hairy stomachs and a little extra belly paunch: belly button lint. Researcher Georg Steinhauser spent years investigating this phenomenon and



determined that yes, just like a dryer traps lint from clothing, belly buttons trap stray fibers from the

clothes we wear. Hairs surrounding the navel act as brushes that scrape and collect fibers from our clothing. Deeper belly buttons, such as those in people with bigger bellies, are likely to collect more lint than those people with "outies" or shallower navels.

High Five

Can you name the five most abundant elements in the universe?

4. Carbon; 5. Neon

ANSWER: 1. Hydrogen; 2. Helium; 3. Oxygen;