



# THE DAILY CHRONICLE

SATURDAY, OCTOBER 18, 2025

## On This Date

**1921** – Charles Strite was granted a patent for his revolutionary invention: the pop-up toaster. Frustrated by burnt toast in factory cafeterias, Strite designed a device that toasted bread evenly and ejected it upon completion.



**1963** – A tuxedo cat named Félicette became the first—and so far, only—cat to travel to space. Selected by the French space program for her unusually calm demeanor, she was launched aboard the Veronique AG1 rocket to an altitude of 98 miles (157 km). She returned safely after a 15-minute suborbital flight.

**1977** – The Canadian House of Commons was televised for the first time, bringing live parliamentary proceedings into homes across the country.

## Did You Know?

Toasters brown bread using the Maillard effect—a chemical reaction between proteins and sugars at high heat.

## Quote of the Day

“Music should be made to make people forget their problems, if only for a short while.”

~ Chuck Berry

## Happy Birthday!

**Chuck Berry** (1926–2017) was a magnetic American singer, songwriter, and guitarist who pioneered the style and sound of rock and roll. Berry burst onto the scene when his first song, “Maybellene,” topped Billboard’s rhythm and blues chart in 1955. His catchy rhythms and flashy guitar solos translated into 1950s cultural anthems such as “Johnny B. Goode,” “Roll Over, Beethoven,” and “Rock and Roll Music,” songs that transformed popular music and inspired generations of artists. Berry consistently ranks on *Rolling Stone*’s lists of the greatest artists of all time, and in 1986, he was inducted into the inaugural class of the Rock & Roll Hall of Fame.





# THE DAILY CHRONICLE

SATURDAY, OCTOBER 18, 2025

**Today is** Sweetest Day. It's a time to show kindness through a thoughtful gesture, surprise gift, or encouraging word. Many people send heartfelt cards to friends, loved ones, or trusted caregivers. Others share sweet treats to lift spirits and spread extra joy.

## Only Human

A simple list can do much to help us feel less anxious and more in control of our daily lives. Psychologists have found that creating a step-by-step plan to achieve a goal allows us to live more freely, reducing the worry associated with leaving goals unfinished. Most surprising is the discovery that we do not have to complete our goals in order to release them from our minds. Simply writing down a clear plan is often enough to ease anxiety—provided the plan is specific, well-defined, and includes short time frames. This simple technique is used in everything from therapy sessions to personal productivity systems.

### Buy a Vowel

\_ N \_ \_ G \_ R \_ T \_

To ceremoniously put  
someone into office

ANSWER: INAUGURATE

## Garden Party

Tulips, though commonly associated with Holland, are actually native to Turkey and Central Asia. The name *Tulipa* is derived from the Turkish word for *turban*. There is perhaps no better place to admire these native flowers than Emirgan Park, located along the Bosphorus Strait in Istanbul, Turkey. The park's special tulip garden, established in 1960, honors the tulip as an important symbol of Turkey's cultural heritage. The walled garden also features many other rare and native plant species, along with historic pavilions, jogging paths, and ornamental ponds. Each spring, the park hosts Istanbul's famous Tulip Festival, drawing visitors from around the world.



### Name Three

Can you name three countries that start  
with the letter V?

ANSWER: Venezuela, Vietnam, Vanuatu