



THE DAILY CHRONICLE

MONDAY, SEPTEMBER 30, 2024

On This Date

1520 – Ottoman Sultan Suleiman the Magnificent succeeded his father Selim I to rule the Ottoman Empire. Under his reign, he led many successful military campaigns but also reformed the legal system and promoted the arts.

1846 – Anesthetic ether was used for the first time by Boston dentist Dr. William Morton.

1927 – Babe Ruth, also known as the “Sultan of Swat,” hit his 60th home run of the season. The record stood until Roger Maris broke it in 1961.



Did You Know?

Camels can travel up to 100 miles in the hot desert without water. But contrary to popular belief, a camel’s hump is not filled with water. Instead, it is filled with up to 80 pounds of fat that is metabolized for energy and water when needed.

Quote of the Day

“We harmonized every night on the street corner until the neighbors would call the cops to run us away.”

~ *Frankie Lymon*

Happy Birthday!

Frankie Lymon (1942–1968) was an angel-faced, apple-cheeked



American singer-songwriter who rose to fame as the lead vocalist of the group Frankie Lymon & the Teenagers. His high-pitched, soulful voice and charismatic presence captivated audiences, making hits like “Why Do Fools Fall in Love” (1956) and “Goody Goody” (1957) instant classics. Lymon’s youthful energy and talent made him a teenage sensation during the early years of rock and roll. Sadly, Lymon faced personal struggles with substance abuse, which led to his untimely death at the age of 25.



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On this day in 1962, Cesar Chavez founded the National Farm Workers Association. He knew the hard life of a migrant worker and toiled to improve working conditions and secure raises for those in the agricultural industry.

Only Human

If you're looking to burn some extra calories, then watching a horror movie may do the trick. Researchers studied a small group of people and discovered that when their pulses quickened and adrenaline surged, their metabolisms increased, and they burned three times as many calories. The stress brought on by fear also suppressed their appetites. Even weirder, the number of calories they burned changed depending on the intensity of the movie, with *The Shining* and *Jaws* burning the most.

Who Said So?

This American actress, comedian, and studio executive said, "The secret to staying young is to live honestly, eat slowly, and lie about your age."

ANSWER: Lucille Ball

Garden Party

In London's posh Paddington neighborhood, the Hotel Indigo opened to great fanfare when it hung the world's largest hanging basket of flowers outside its doors. The 20-foot-by-10-foot basket, weighing more than a quarter of a ton, took workers three weeks to design and an entire day to install. The massive basket held over 100 varieties of flowers and dangled 25 feet off the ground. The basket, dubbed the Hanging Gardens of Paddington, began as a marketing idea to make the hotel stand out in a crowded hotel market.



Buy a Vowel

P _ S _ T _ V _

Constructive, optimistic,
or confident

ANSWER: POSITIVE