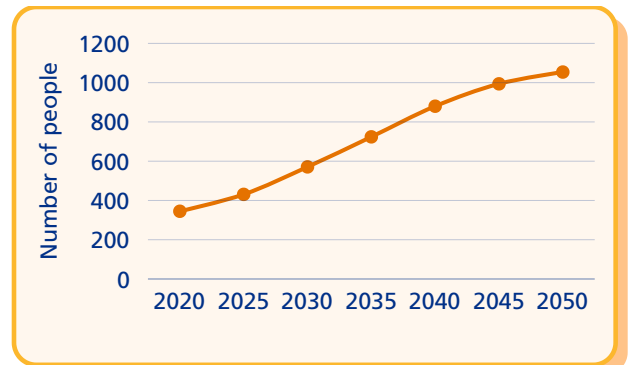


# Dementia in Indigenous Communities in Nova Scotia

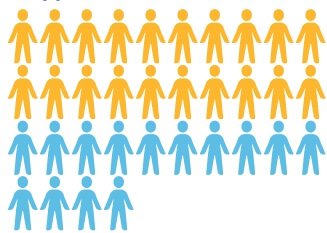
Insights from the Alzheimer Society of Canada's report, *The Many Faces of Dementia in Canada*, projecting dementia rates 2020-2050

**Indigenous people** experience higher rates of dementia than the general population, and **colonization is a root factor**. As more Indigenous people develop dementia in NS, culturally safe and Indigenous-led supports are vital.

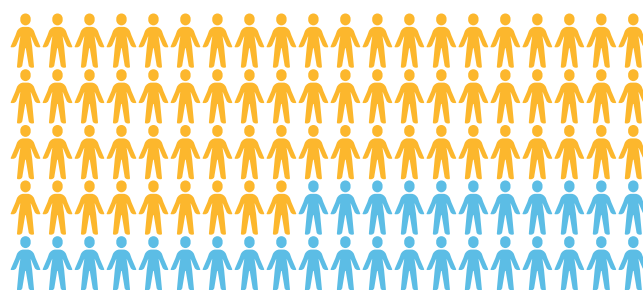
**By 2050,** the number of Indigenous people in Nova Scotia who will develop dementia is expected to **triple**.



( 1 person icon = 10 people )



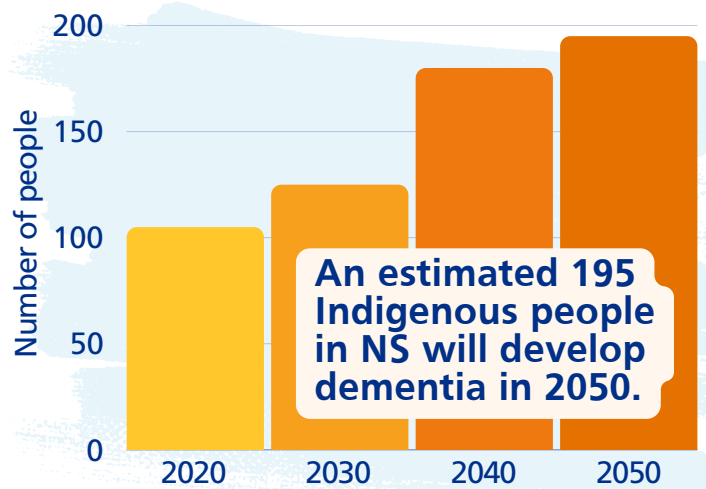
**2020**



**2050**

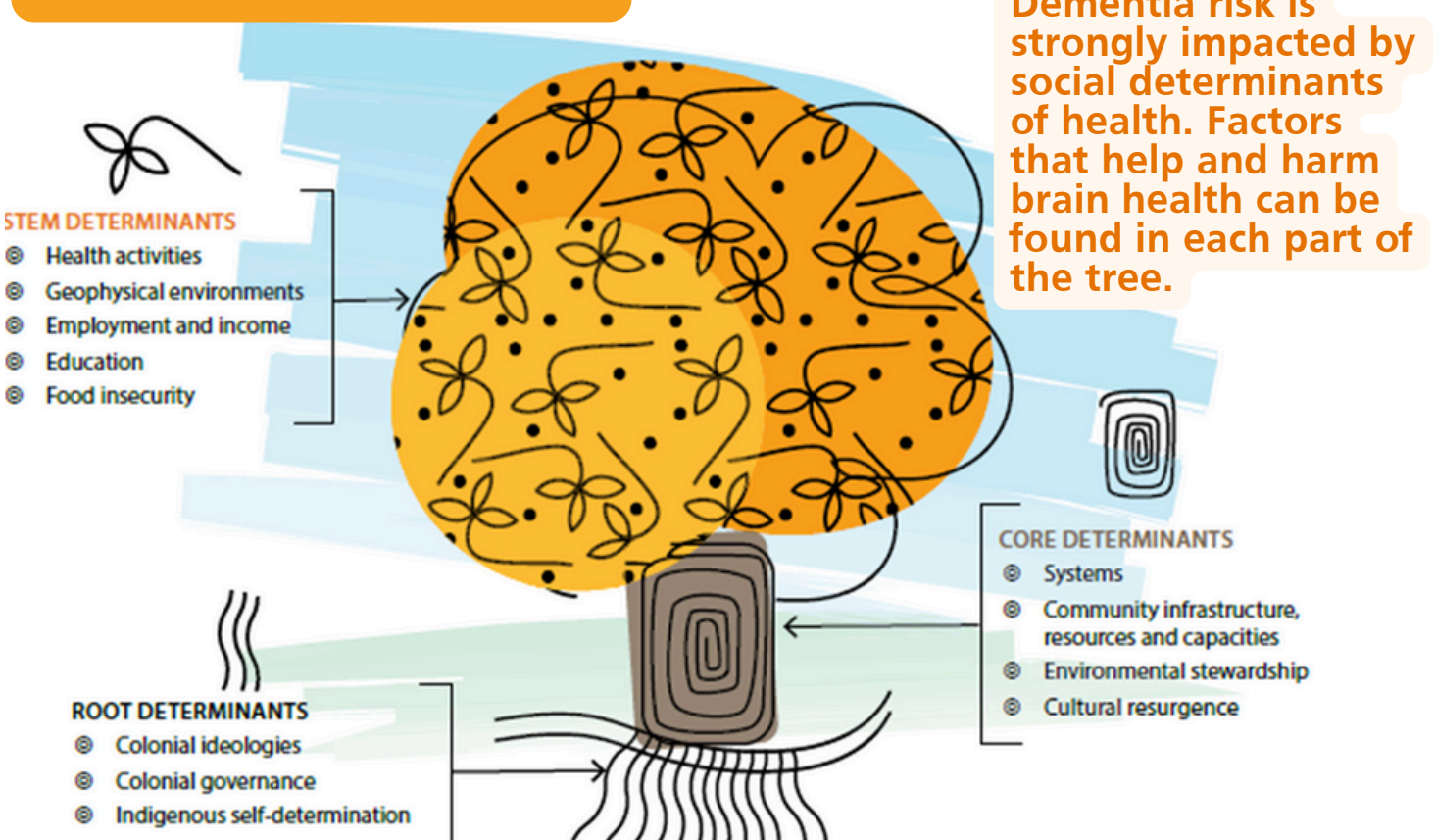
Indigenous **females** will continue to outnumber **males** living with dementia in Nova Scotia.

**By 2050, Indigenous care partners in NS will provide over 21,000 hours of unpaid care to family/friends per week.**



An estimated 195 Indigenous people in NS will develop dementia in 2050.

## Social determinants of Indigenous Peoples' health: one model



Source: Adapted with permission from *Understanding Indigenous Health Inequalities through a Social Determinants Model* (2022) by C. Loppie and F. Wien, published by the National Collaborating Centre for Indigenous Health.

The Alzheimer Society of Nova Scotia is here to support ALL Nova Scotians affected by dementia. We are committed to:

- building collaborative and respectful relationships
- working together to identify and develop culturally safe resources
- walking as community members and allies in the elimination of racism and discrimination from health care and across society

Data provided by Alzheimer Society of Canada  
Learn more at [alzheimer.ca/ns/landmark2](https://alzheimer.ca/ns/landmark2)

For support, contact our Dementia Helpline at 1-800-611-6345 or email [alzheimer@asns.ca](mailto:alzheimer@asns.ca)

