

2025 Conference Program

Soci t  Alzheimer Society
NOVA SCOTIA

Presented By
DUTJ
Dementia:
Understanding
the Journey



36th Annual Dementia Care Conference

Fostering
CURIOSITY
in Care

7:45 AM Doors Open

Opening Remarks

8:30 AM Ian Bezanson - Board Vice Chair, Alzheimer Society of Nova Scotia
The Honourable Barbara Adams, Minister of Seniors and Long-Term Care

Caring Across Cultures: Navigating Dementia as a Daughter and Physician

8:45 AM Dr. Agnes Chinelo Iwegbu - Assistant Professor and Academic Family Physician, Dalhousie Family Medicine

9:45 AM 2025 Student Research Awards

10:00 AM Nutrition Break

Panel - Supporting Changes in Behaviour with Curiosity

10:20 AM Dr. Jasmine Mah - Geriatric Medicine Fellow, Dalhousie Dept. of Medicine
Mary Stanley - Geriatric Assesor, Dartmouth General Hospital
Natalie O'Mara - Behaviour Resource Consultant, Nova Scotia Health
Courtney Richardson - Manager of Behavioural Health, Shannex

Group Reflection Activity: Supporting Changes in Behaviour with Curiosity

11:30 AM Kara Gouthro-Murgatroyd - Education Team Lead & Counselling Therapist, Alzheimer Society of Nova Scotia

12:00 PM Lunch & Exhibits

1:00 PM **The Power of Music Therapy: Sparking Connection and Curiosity in Dementia Care**
Paige Ryerson - Director of Music Therapy, Maritime Conservatory

CORAH: A Rural Approach to Healthy Aging and Dementia-Friendly Communities

2:00 PM Jennifer Wesman - CORAH Project Coordinator, NSCC Annapolis Valley Campus
Michele MacPhee - CORAH Project Coordinator, NSCC Strait Campus
Annette Holmes - CORAH Project Coordinator, NSCC Shelburne Campus

3:00 PM Movement Break with Sarah Publicover

Promising Practices Showcase - Presented by Shannex

3:20 PM

- **Dental Hygiene Services at the Bedside** - Jennifer Gallant & Shauna Hachey, Camp Hill Veterans Memorial Building
- **Art-to-Go Kits** - Tracey Hawthorne & Ashley Penton, Northwood Adult Day Program

Building Community Together with ASNS Firsk Link®

4:00 PM Rosanne Burke - Manager of Advocacy, Alzheimer Society of Nova Scotia

4:15 PM Closing Remarks