

2026 Conference Program



7:45 a.m.

Doors Open

8:30 a.m.

Welcome and Opening Remarks

8:45-9:45 a.m.

KEYNOTE:

Dementia in the Outdoors: Taking Risks to Enhance Quality of Life
Dr. Elaine Wiersma - Associate Professor & Researcher, Centre for Education and Research on Aging & Health, Lakehead University

9:45-10:00 a.m.

ASNS Student Research Award Recipients

10:00-10:20 a.m.

Break

10:20-11:20 a.m.

WORKSHOP:

Shifting Perspectives on Risk: Practicing Person Centered Care by Supporting Positive Risk Taking
Catherine-Anne Murray - OT Reg, NS Health

11:20-11:50 a.m.

TRIVIA:

Learn the Latest in Dementia Treatments
Dr. Jasmine Mah - MD, MSc

11:50 a.m.-12:50 p.m.

Lunch Break & Exhibits

12:50-1:50 p.m.

PRESENTATION:

At the Crossroads of Dementia and Mental Health
Dr. Mark Bosma - MD FRCPC
Sarah Krieger-Frost - RN, Community Mental Health

1:50-2:50 p.m.

PANEL:

Culturally Sensitive Care: Supporting Diverse Workforce and Clients
Siju Matthew - Nursing Services Manager, Northwood
Dr. Safura Syed - Professor, Mount Saint Vincent University;
Registered Dietitian

2:50-3:10 p.m.

Break

3:10-4:00 p.m.

Promising Practices Showcase, Presented by Shannex
Nominate someone today! Apply before September 9.

4:00-4:30 p.m.

Prizes & Closing Remarks