

SUPPORTING NOVA SCOTIANS THROUGH VIRTUAL PROGRAMS

We understand that it is now more important than ever to stay connected and supported on the dementia journey. We are offering information, education, and support online through Zoom for Healthcare. Please contact our InfoLine at 1-800-611-6345 to learn more about how to register for these programs.

CONNECTION & SUPPORT

Virtual Caregiver Support Groups

These confidential groups for caregivers provide an opportunity to learn, share, and help each other through mutual understanding and support. Facilitated meetings are held once a month.

Connection Hub

This group provides a dementia-friendly space for persons living with dementia to connect and reduce the impact of social isolation. The program is moderated by two Alzheimer Society staff.

InfoLine 1-800-611-6345

The InfoLine is a confidential telephone service provided by a team of knowledgeable and caring staff. We provide information on topics related to Alzheimer's disease and other dementias, discuss questions and concerns, and provide referral to programs and resources in the community.

LEARNING & EDUCATION

Online Public Education Sessions

Connect with the Society every second Thursday afternoon for information and informal conversation about dementia and related issues. You can find the archived sessions on our website at www.alzheimer.ca/ns/virtual-meetings.

Family Caregiver Education Series

This six-part education series supports families and care partners of persons newly diagnosed with dementia. Each virtual session consists of a presentation and a question and answer period.

Shaping the Journey™

Shaping the Journey is a six-session educational program designed for people experiencing the early symptoms of Alzheimer's disease or another dementia, and a care partner, family member, or friend.

U-First!™ for Healthcare

This 6-hour workshop develops common knowledge, language, values, and approach to caring for people with Alzheimer's disease or other dementias. It is open to frontline staff of long-term care and home support agencies across Nova Scotia.

U-First!™ for Care Partners

This innovative education program is designed to increase care partner confidence and capability to reduce responsive behaviours; while enhancing the well-being of both care partners and those experiencing behaviour changes. It is a six-hour workshop delivered virtually across the province.