

Hot Dog Bites

A diabetic-friendly recipe

Ingredients:

- Cooking spray
- 1/4 cup yellow mustard
- 2 tablespoons dill relish
- 8 (6-inch) flour tortillas
- 8 turkey hot dogs



Directions

1. Preheat oven to 350°F. Spray a baking dish with cooking spray.
2. Combine mustard and relish in a small bowl. Spread evenly on one side of each tortilla.
3. Place one hot dog on the edge of each tortilla and roll up the hot dogs in the tortillas. Trim each side of each tortilla to match the length of the hot dog. Slice each roll into 8 equal pieces and secure each piece with a toothpick.
4. Arrange pieces on the prepared baking sheet. Bake 12–15 minutes. Serve warm.

Makes 16 servings

To make a recipe card, print on card stock paper. Cut out along dotted lines. Glue the front and back of the card together.