

## Tangy Brussels Sprout Salad

A diabetic-friendly recipe, no-bake recipe

### Ingredients:

- 1 tablespoon cider vinegar
- 1 tablespoon Dijon mustard
- 2 teaspoons honey
- 1 garlic clove, minced
- 2 tablespoons olive oil
- 1 pound Brussels sprouts, halved and thinly sliced
- 1 small red onion, halved and thinly sliced
- 1/3 cup dried chopped cherries
- 1/3 cup chopped toasted pecans



### Directions

1. Whisk vinegar, mustard, honey, and garlic in a small bowl. Whisk in olive oil.
2. Toss Brussels sprouts, onion, and cherries in a large bowl. Add dressing and toss to combine.
3. Cover and chill 1 hour. Stir in pecans just before serving.

*Makes 6 servings*

*To make a recipe card, print on card stock paper. Cut out along dotted lines. Glue the front and back of the card together.*