

## Fancy Fruit Compote

A diabetic-friendly recipe

### Ingredients:

- 2 cups chopped strawberries
- 1 cup fresh blueberries
- Half an orange, juiced and zested
- 1 teaspoon lemon juice
- Pinch salt
- 1 teaspoon tapioca
- Toast, pancakes, or special desserts for serving



### Directions

1. Combine all ingredients in a medium saucepan and bring to a simmer, stirring often for 20 minutes.
2. Serve warm or cold on toast, pancakes, or special desserts.

*Makes 16 servings*

*To make a recipe card, print on card stock paper. Cut out along dotted lines.  
Glue the front and back of the card together.*