

## Egg Salad with a Twist

A diabetic-friendly recipe

### Ingredients:

- 3 large hardboiled eggs, chopped
- 3/4 cup diced celery
- 1/4 cup mayonnaise
- 1/4 cup sour cream
- 1/2 teaspoon mustard powder
- 1/2 teaspoon chopped chives (fresh or dried)
- 1 teaspoon chopped fresh parsley
- Salt and pepper to taste
- 3 (5-ounce) cans tuna in water, drained
- (Optional) 6 large lettuce leaves



### Directions

1. Combine all ingredients in a medium bowl.
2. Serve on large lettuce leaves, if desired.

*Makes 6 servings*

***To make a recipe card, print on card stock paper. Cut out along dotted lines.  
Glue the front and back of the card together.***