

## Strawberries-and-Cream Breakfast Oat Delight

A no-bake recipe

### Ingredients:

- 1 1/2 cups old-fashioned oats
- 1 1/2 cups milk
- 1 cup strawberry Greek yogurt
- 2 tablespoons chia seeds
- 3/4 cup diced strawberries (fresh or frozen)



### Directions

1. Combine all ingredients in a medium bowl.
2. Divide mixture evenly into 3 small jars or cups. Cover and chill for two hours or overnight.

*Makes 3 servings*

*To make a recipe card, print on card stock paper. Cut out along dotted lines. Glue the front and back of the card together.*