



THE DAILY CHRONICLE

MONDAY, JULY 5, 2021

On This Date

1811 – Under the leadership of Simón Bolívar and Francisco de Miranda, Venezuela declared its independence from Spain.

1841 – The Thomas Cook travel agency began business with the first official Cook's Tour.

1975 – Arthur Ashe became the first Black man to win the Wimbledon singles title. He won three Grand Slam titles and was the first African American to be ranked the No. 1 tennis player in the world.



1996 – Dolly the sheep was born in Edinburgh, Scotland, becoming the first mammal cloned from an adult cell.

2011 – Canada ended its combat role in the war in Afghanistan.

Daily Trivia

If you turn the word *SWIMS* upside down, it is still readable as the same word.

Quote of the Day

“Nature is a book of many pages, and each page tells a fascinating story to him who learns her language.”

~ *A. E. Douglass*

Happy Birthday!

A. E. Douglass (1867–1962) was an American astronomer who pioneered the science of tree ring dating.



Douglass, who was born in Vermont, spent much of his professional life working in Arizona at the Lowell Observatory and as professor at the University of Arizona. His discovery of the link between tree rings and the solar magnetic activity cycle (a roughly 11-year cycle) led to the field of dendrochronology, which allows scientists to date wood and glean other key historical, environmental, and climate-related information from tree rings.



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On this day in 1937, the Hormel Foods Corporation introduced Spam, its canned luncheon meat. Hormel held a contest to come up with a distinctive name. Kenneth Daigneau submitted *Spam*, a portmanteau of “spiced ham.”

You Are What You Eat

Sports drinks like Gatorade might be popular with world-class athletes who need an energy boost, but for many of us, these drinks contain far too much sugar and excess calories. Some doctors are even blaming sports drinks for contributing to the obesity epidemic. Water is still considered the best way to rehydrate after exercising, but other options offer good boosts of potassium and sodium. Milk contains these nutrients as well as protein and carbohydrates. Even bananas and applesauce are good choices for recovering athletes.

Word Scramble

R L C N O Y F A

The keeping and training of
birds of prey for sport

ANSWER: FALCONRY

Gadgets & Gizmos



For anyone who finds the screen of their smartphone too small, there is the smartphone screen magnifier. These magnifiers are especially handy for consumers who watch streaming movies, videos, or shows on their phones. They also reduce eye strain and block harmful blue light.

What's in a Name?

This Canadian singer-songwriter, born Eileen Regina Edwards, has been crowned the “Queen of Country Pop.”

ANSWER: Shania Twain