

# Meditation

The words listed below can be found vertically and horizontally.



BREATHING

CALM

CLARITY

MUSIC

PEACE



QUIET

REFLECTION

RELAXED

SOOTHE

TRANQUIL

# Meditation

(solution)

R E L A X E D → N G G  
E C L A R I T Y → Z T  
F A H T V A K P L R  
L L Y D J Z E E B A  
E M U S I C → X A L N  
C J L O D X V C C Q  
T Z L O D S B E K U  
I G F T A U S H Z I  
O R E H Q U I E T → L  
N B R E A T H I N G →