



# THE DAILY CHRONICLE

TUESDAY, JULY 13, 2021

## On This Date

**1939** – Frank Sinatra made his recording debut with the songs “Melancholy Mood” and “From the Bottom of My Heart.”

**1953** – The first season of the Stratford Festival opened in Stratford, Ontario. It featured Alec Guinness starring in William Shakespeare’s *Richard III*. Because of the success of the festival, the arts and tourism now play important roles in the city’s economy.

**1971** – Pukaskwa National Park was established. It opened to the public in 1983. It is known for its vistas of Lake Superior and boreal forests.

**1986** – Gail Greenough, a member of the Canadian Equestrian Team, became the first Canadian and first woman to win the World Show Jumping championship in Aachen, Germany.

## Daily Trivia

The three consecutive periods you see in sentences (...) is called an ellipsis.

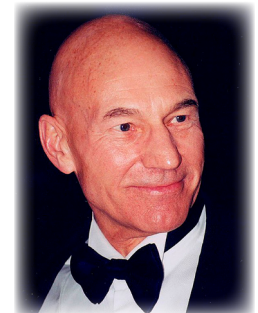
## Humor of the Day

“Time is the coin of your life. It is the only coin you have, and only you can determine how it will be spent. Be careful lest you let other people spend it for you.”

~ Carl Sandburg

## Happy Birthday!

**Patrick Stewart**, born in 1940, has had a distinguished career as an actor, producer, and director for over 50 years, including performances as various characters in Shakespearean productions. However, the English thespian is most famous for his role as Captain Jean-Luc Picard in *Star Trek: The Next Generation*. In July 2012, Stewart carried the Olympic torch as part of the official relay for the 2012 Summer Olympics.





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**Today is Fool's Paradise Day**, a day to ignore your problems and foster a sense of happiness based on false hope. But remember, tomorrow will be time to get back to reality. So today, you can enjoy your fool's paradise while it lasts.

## **Mad Science**

What substance is both a solid and a liquid? Oobleck! This mixture turns solid when squeezed, but returns to a liquid when it relaxes. This type of substance is known as a *non-Newtonian fluid*. You can make oobleck yourself by adding 1 cup of cornstarch to 2 cups of water. If your oobleck ends up too runny, add more cornstarch. Squeeze it to start feeling its unique properties and add squirts of food coloring to create rainbow swirls. Dr. Seuss created oobleck in his book *Bartholomew and the Oobleck*, where the titular character must save his kingdom from the gooey green substance.

## **What's in a Name?**

This actress, born Diane Hall, shares her last name with one of her famous movie roles.

*ANSWER: Diane Keaton, as Annie Hall*

## **You Are What You Eat**

Forget an apple a day. It turns out that eating a grape a day could keep the doctor away. Research shows that grapes are excellent for overall health. An abundance of powerful antioxidants increases good cholesterol and acts as an anti-inflammatory, helping to reduce the risk of heart disease. Grapes' high fiber content aids in digestion, their flavonoids protect against blood clots, and their low glycemic index and ability to decrease blood sugar levels make them a healthy food choice for people with diabetes.



## **Buy a Vowel**

R \_ L \_ \_ N C \_

Dependence or trust in someone  
or something

*ANSWER: RELIANCE*