



U-First!® for Healthcare Providers

\$ 80

U-First!® is an innovative and unique training program that helps frontline staff to develop a common knowledge base, language, values and approach to caring for people with Alzheimer's disease and other dementias by:

- Understanding the person living with dementia and associated behaviour changes and
- Working as a team to develop individualized support strategies

Benefits of U-First!®:

- Identify supportive care strategies
- Increased awareness of the causes of responsive behaviours and how to respond in a safe and helpful way
- Feel more confident in caring for someone with dementia
- Reduce stress and increase job satisfaction for you and for others on the team

Date: Monday June 24, 2024

Time: 8:30-3:30

Cost: \$80.00 per person

Platform: Virtually Over Google Meets

Facilitators: Alzheimer Society Peel Public Educators

TO REGISTER: Contact Danielle Farrell 289-632-2272 Ext. 301/
cell 647-473-2511 or email d.farrell@alzheimerpeel.com

If you are interested in participating, please contact: