

## February 2023 Education Schedule

Please note special instructions for attending an in-person education session: These instructions only apply to sessions you plan to attend in-person.

- 1) Completing a screening form the day of is required and can be done online or in-person. The day prior you will receive the link to the Self Screener Form via email.
- 2) Masks are required
- 3) Two vaccines needed
- 4) Please arrive 15 minutes prior to session to allow for screening process

Date	Topic/Description	Time	Instructions/Registration
Tuesday February 7	Getting Started Virtual - covers what is Dementia, The 8 Common symptoms in Dementia, and how to communicate effectively with someone living with dementia	6:30-8:00 pm	To join please pre-register, via email, with Public Education Coordinator Danielle Farrell by day before session, or through a Counsellor or Care Navigator. Email: <u>d.farrell@alzheimerpeel.com</u> The day before the session you will receive an email that includes a link to the meeting. On the meeting date and time, simply go into your email and click on the link, or copy and paste the link into your browser, and it will take you to the meeting where you click on "join meeting.".You should then be able to view the presentation and hear the presenter.



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Thursday February 16	Understanding Behavior Hybrid - covers what the meaning behind behaviours is, common behavioural triggers, and management strategies.	9:30-11:00 am Hybrid session - offered in person and over Google Meets Location: 385 Brunel Rd. Mississauga	To join please pre-register, via email, with Public Education Coordinator Danielle Farrell by day before session, or through a Counsellor or Care Navigator. Email: <u>d.farrell@alzheimerpeel.com</u> The day before the session you will receive an email that includes a link to the meeting. On the meeting date and time, simply go into your email and click on the link, or copy and paste the link into your browser, and it will take you to the meeting where you click on "join meeting." You should then be able to view the presentation and hear the presenter.
Tuesday February 21	Town Hall Virtual - The Power of Music in dementia with guest speaker - Music Therapist - Ruth Watkiss	6:30-7:00 pm	To join please pre-register, via email, with Public Education Coordinator Danielle Farrell by day before session, or through a Counsellor or Care Navigator. Email: <u>d.farrell@alzheimerpeel.com</u> The day before the session you will receive an email that includes a link to the meeting. On the meeting date and time, simply go into your email and click on the link, or copy and paste the link into your browser, and it will take you to the meeting where you click on "join meeting.".You should then be able to view the presentation and hear the presenter.



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Tuesday February 28	Long Term Care Planning Virtual - covers signs someone is ready for LTC, triggers for LTC admission, helpful tips for touring LTC Homes, application process and eligibility, priority categories, and transition to LTC tips.	6:30-8:00 pm	To join please pre-register, via email, with Public Education Coordinator Danielle Farrell by day before session, or through a Counsellor or Care Navigator. Email: d.farrell@alzheimerpeel.com The day before the session you will receive an email that includes a link to the meeting. On the meeting date and time, simply go into your email and click on the link, or copy and paste the link into your browser, and it will take you to the meeting where you click on "join meeting.".You should then be able to view the presentation and hear the presenter
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