

Date	Topic/Description	Time	Instructions/Registration
Monday Jan 4	<b>Getting Started</b> - covers what is Dementia, The 8 Common symptoms in Dementia, and how to communicate effectively with someone living with dementia	6:30-8:00 pm	To join please pre-register, via email, with Public Education Coordinator Danielle Farrell by day before session, or through a Counsellor or Care Navigator. Email: <u>d.farrell@alzheimerpeel.com</u> The day before the session you will receive an email that includes a link to the meeting. On meeting date and time, simply go into your email and clink on the link, or copy and paste the link into your browser, and it will take you to the meeting where you click on join meeting. You should them be able to view the presentation and hear the presenter.
Wednesday Jan 6	Getting Started - covers what is Dementia, The 8 Common symptoms in Dementia, and how to communicate effectively with someone living with dementia	10:00-11:30 am	To join please pre-register, via email, with Public Education Coordinator Danielle Farrell by day before session, or through a Counsellor or Care Navigator. Email: <u>d.farrell@alzheimerpeel.com</u> The day before the session you will receive an email that includes a link to the meeting. On meeting date and time, simply go into your email and clink on the link, or copy and paste the link into your browser, and it will take you to the meeting where you click on join meeting. You should them be able to view the presentation and hear the presenter.
Monday Jan 11	Stages/Progression of Dementia - covers brain changes, the 3 and 7 stage models, what scores on the	6:30-8:00 pm	To join please pre-register, via email, with Public Education Coordinator Danielle Farrell by day before session, or through a Counsellor or Care Navigator. Email: <u>d.farrell@alzheimerpeel.com</u>



	assessments indicate, and tips for each stage.		The Friday before the session you will receive an email that includes a link to the meeting. On meeting date and time, simply go into your email and clink on the link, or copy and paste the link into your browser, and it will take you to the meeting where you click on join meeting. You should them be able to view the presentation and hear the presenter
Wednesday Jan 13	Stages/Progression of Dementia - covers brain changes, the 3 and 7 stage models, what scores on the assessments indicate, and tips for each stage	10:00-11:30 am	To join please pre-register, via email, with Public Education Coordinator Danielle Farrell by day before session, or through a Counsellor or Care Navigator. Email: <u>d.farrell@alzheimerpeel.com</u> The day before the session you will receive an email that includes a link to the meeting. On meeting date and time, simply go into your email and clink on the link, or copy and paste the link into your browser, and it will take you to the meeting where you click on join meeting. You should them be able to view the presentation and hear the presenter.
Monday Jan 18	<b>Exploring Dementia</b> – this session looks at the diseases under the heading of dementia, other than Alzheimer's disease, for disease course, symptoms, and symptom management. The diseases covered are: MCI, FTD, Vascular Dementia, Lewy Body, Parkinson's, Mixed Dementia, Young On-Set, Corticolbasal	6:30-8:00 pm	To join please pre-register, via email, with Public Education Coordinator Danielle Farrell by day before session, or through a Counsellor or Care Navigator. Email: <u>d.farrell@alzheimerpeel.com</u> The day before the session you will receive an email that includes a link to the meeting. On meeting date and time, simply go into your email and clink on the link, or copy and paste the link into your browser, and it will take you to the meeting where you click on join



	Degeneration, Progressive Supranuclear Palsy, Creutzfeldt-Jakob, Wernicke Korsakoff, Huntington's, Late NC.		meeting. You should them be able to view the presentation and hear the presenter.
Wednesday Jan 20	Exploring Dementia – this session looks at the diseases under the heading of dementia, other than Alzheimer's disease, for disease course, symptoms, and symptom management. The diseases covered are: MCI, FTD, Vascular Dementia, Lewy Body, Parkinson's, Mixed Dementia, Young On-Set, Corticolbasal Degeneration, Progressive Supranuclear Palsy, Creutzfeldt-Jakob, Wernicke Korsakoff, Huntington's, Late NC.	10:00-11:30 am	To join please pre-register, via email, with Public Education Coordinator Danielle Farrell by day before session, or through a Counsellor or Care Navigator. Email: <u>d.farrell@alzheimerpeel.com</u> The Friday before the session you will receive an email that includes a link to the meeting. On meeting date and time, simply go into your email and clink on the link, or copy and paste the link into your browser, and it will take you to the meeting where you click on join meeting. You should them be able to view the presentation and hear the presenter
Monday Jan 25	Resources and Navigating the System - covers what resources exist, how to access them, and what services are operational during COVID- 19 outbreak.	6:30 -8:00 pm	To join please pre-register, via email, with Public Education Coordinator Danielle Farrell by day before session, or through a Counsellor or Care Navigator. Email: <u>d.farrell@alzheimerpeel.com</u> The Friday before the session you will receive an email that includes a link to the meeting. On meeting date and time, simply go into your email and clink on the link, or copy and paste the link into your browser, and it will take you to the meeting where you click on join



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Wednesday Jan 27	Resources and Navigating the System - covers what resources exist, how to access them, and what services are operational during COVID- 19 outbreak.	10:00-11:30 am	To join please pre-register, via email, with Public Education Coordinator Danielle Farrell by day before session, or through a Counsellor or Care Navigator. Email: <u>d.farrell@alzheimerpeel.com</u> The day before the session you will receive an email that includes a link to the meeting. On meeting date and time, simply go into your email and clink on the link, or copy and paste the link into your browser, and it will take you to the meeting where you click on join meeting. You should them be able to view the presentation and hear the presenter.